GLATFELTER PHCO

Form 4

November 10, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005 Estimated average

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

burden hours per

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * JACUNSKI JOHN P			2. Issuer Name and Ticker or Trading Symbol GLATFELTER P H CO [GLT]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Energy an approache)		
			(Month/Day/Year)	Director 10% Owner		
96 SOUTH GEORGE			11/07/2014	X Officer (give title Other (specify below)		
STREET, SUITE 520				Exec VP, CFO		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
YORK, PA 1	17401			_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			Beneficially Form: Direct Owned (D) or Following Indirect (I) Reported (Instr. 4)	Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock, Par Value \$.01	11/07/2014		M	21,500	` ´	\$ 26.28	68,077	D	
Common Stock, Par Value \$.01	11/07/2014		F <u>(1)</u>	7,453	D	\$ 26.28	60,624	D	
Common Stock, Par Value \$.01	11/07/2014		M	24,900	A	\$ 26.28	85,524	D	
Common Stock, Par	11/07/2014		D(2)	27,045	D	\$ 26.28	58,479	D	

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Value \$.01

Common Stock, Par Value \$.01 Peld by 401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secur Secur Acqu or Di (D)	rities hired (A) sposed of :. 3, 4,	Expiration Date		7. Title and Amoun Underlying Securiti (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amor or Numl of Sh
Stock Only Stock Appreciation Rights	\$ 15.94	11/07/2014		M		21,500	03/07/2010	03/07/2017	Common Stock, Par Value \$.01	21,5
Stock Only Stock Appreciation Rights	\$ 14.78	11/07/2014		M		24,900	12/19/2010	12/19/2017	Common Stock, Par Value \$.01	24,9

Reporting Owners

Reporting Owner Name / Address	Keiationsinps							
	Director	10% Owner	Officer	Other				
JACUNSKI JOHN P			Exec					
96 SOUTH GEORGE STREET			VP.					
SUITE 520			CFO					
YORK, PA 17401			01.0					

Signatures

Linda M. Levans by POA

Date

Reporting Owners 2

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**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares are being withheld to satisfy tax obligations.
- (2) The Company grants SARs that are settled in stock. These units repesent the difference between the number of Stock-Only SARs granted, versus the number received in settlement or withheld for taxes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3