

Unum Group  
Form 4  
November 17, 2016

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
McGarry John F

(Last) (First) (Middle)  
1 FOUNTAIN SQUARE  
(Street)  
CHATTANOOGA, TN 37402

2. Issuer Name and Ticker or Trading Symbol  
Unum Group [UNM]

3. Date of Earliest Transaction (Month/Day/Year)  
11/15/2016

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)  
EVP and CFO

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D) Code V	Amount or Price		
Common Stock	11/15/2016		M	A	\$ 5,520 26.29	D	67,445 <sup>(1)</sup>
Common Stock	11/15/2016		S	D	\$ 5,520 41.14	D	61,925 <sup>(2)</sup>
Common Stock	11/15/2016		M	A	\$ 6,613 23.35	D	68,538 <sup>(3)</sup>
Common Stock	11/15/2016		S	D	\$ 6,613 41.14	D	61,925 <sup>(2)</sup>
Common Stock	11/15/2016		M	A	\$ 4,850 24.25	D	66,775 <sup>(4)</sup>

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Common Stock	11/15/2016	S	4,850	D	\$ 41.14	61,925 <sup>(2)</sup>	D	
Common Stock						3,037.8	I	By 401(k) Plan
Common Stock						805.23	I	By N-Q 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 26.29	11/15/2016		M		5,520	<sup>(5)</sup>	02/22/2019		Common Stock	5,520
Employee Stock Option (right to buy)	\$ 23.35	11/15/2016		M		6,613	<sup>(6)</sup>	02/21/2020		Common Stock	6,613
Employee Stock Option (right to buy)	\$ 24.25	11/15/2016		M		4,850	<sup>(7)</sup>	02/20/2021		Common Stock	4,850

# Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
McGarry John F 1 FOUNTAIN SQUARE CHATTANOOGA, TN 37402			EVP and CFO	

## Signatures

/s/ Jullienne, J. Paul,  
 Attorney-in-Fact  
 Date: 11/17/2016

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 26,176 restricted stock units, which may be settled, on a 1-for-1 basis, only in shares of common stock ("stock-settled RSUs"), and 41,269 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (2) Includes 26,176 stock-settled RSUs and 35,749 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (3) Includes 26,176 stock-settled RSUs and 42,362 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (4) Includes 26,176 stock-settled RSUs and 40,599 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (5) The options vest in three equal annual installments beginning on February 22, 2012.
- (6) The options vest in three equal annual installments beginning on February 21, 2013.
- (7) The options vest in three equal annual installments beginning on February 20, 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.