BCB BANCORP INC

Form 4

January 23, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB
3235-0287

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Number: 3235-0287 Expires: January 31, 2005

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Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * BROGAN JOSEPH J			2. Issuer Name and Ticker or Trading Symbol BCB BANCORP INC [BCBP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check air applicable)			
104-110 AVE	110 AVENUE C		(Month/Day/Year) 01/22/2014	X Director 10% Owner Officer (give titleX Other (specify below) Vice Chairman of the Board			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
BAYONNE,	NJ 07002		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State)	(Zip) Tab	ole I - Non-	Derivativ	e Seci	ırities Ac	quired, Disposed	l of, or Benefi	cially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price			5. Amount of Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I) Transaction(s) (Instr. 4) (Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	01/22/2014		M	8,592	A	\$ 11.84	216,793	D	
Common Stock	01/22/2014		M	1,000	A	\$ 9.03	217,793	D	
Common Stock	01/22/2014		M	500	A	\$ 8.93	218,293	D	
Common Stock							41,486	I	Wife
Common Stock							39,196	I	Grandson

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Common Stock	5,010	I	Corporation				
Common Stock	65,888	I	4 G/Daughters				
Damindam Danaut on a compute line for each class of acquaities handficially around directly on indirectly							

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	onof Derivative		vative Expiration Date des (Month/Day/Year) ed		7. Title and Amount Underlying Securitie (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options	\$ 9.03	01/22/2014		M		1,000	01/17/2014	01/17/2023	Common Stock	1,000	
Stock Options	\$ 8.93	01/22/2014		M		500	09/29/2012	09/29/2021	Common Stock	500	
Stock Options	\$ 11.84	01/22/2014		M		8,592	08/12/2004	08/12/2014	Common Stock	8,592	

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
BROGAN JOSEPH J								
104-110 AVENUE C	X			Vice Chairman of the Board				
BAYONNE, NJ 07002								

Signatures

/s/ Alan Schick, pursuant to power of attorney 01/23/2014

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.