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BCB BANCOR Form 4	RP INC								
March 10, 2014	Ļ								
FORM 4	4 UNITED	STATES	SECUR	TIES A	ND EX(CHANGE	COMMISSIO		APPROVAL
				hington,			COMMISSIO	Number:	
Check this b if no longer		STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							January 31 2005
subject to Section 16. Form 4 or	STATEN								d average lours per e 0.5
Form 5 obligations may continu <i>See</i> Instruction 1(b).	e. Section 17(a) of the l	Public Ut	ility Hold	ling Con		nge Act of 1934 of 1935 or Sect 940		
(Print or Type Resp	ponses)								
1. Name and Address of Reporting Person <u>*</u> LYGA JOSEPH			2. Issuer Name and Ticker or Trading Symbol BCB BANCORP INC [BCBP]			5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (N	Aiddle)	3. Date of Earliest Transaction			(Ch	heck all applicable)		
104-110 AVENUE C		(Month/Day/Year) 03/07/2014				X_ Director 10% Owner Officer (give title Other (specify below) below)			
BAYONNE, N	(Street) IJ 07002			ndment, Da hth/Day/Year	-	I	6. Individual or Applicable Line) _X_ Form filed by Form filed by Person		g Person
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Securities A	cquired, Disposed	of, or Benefic	rially Owned
(Instr. 3) any		Execution any	emed 3. 4. Secur on Date, if TransactionAcquired Code Disposed		4. Securit	ies (A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect
Common				Code V	Amount	(D) Price	(Instr. 3 and 4) 81,889	D	
Stock							,		
Common Stock							520	Ι	Spouse
Common Stock							379	Ι	Son
Common Stock							520	I	Spouse/Son

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options	\$ 9.03					01/17/2014	01/17/2023	Common Stock	10,000
Stock Options	\$ 8.93					09/29/2012	09/29/2021	Common Stock	4,500
Stock Options	\$ 11.84					08/12/2004	08/12/2014	Common Stock	16,592
Stock Options	\$ 13.32	03/07/2014		А	10,000 (1)	03/07/2015	03/07/2024	Common Stock	10,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
LYGA JOSEPH 104-110 AVENUE C BAYONNE, NJ 07002	Х						
Signatures							
/s/ Alan Schick, pursuant to po	wer of		00/10/00	1.4			

attorney

03/10/2014 Date

Explanation of Responses:

**Signature of Reporting Person

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Stock options vest at a rate of 10% per year commencing on March 7, 2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.