BCB BANCORP INC

Form 4

March 10, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Section 16.

Form 4 or Form 5 obligations may continue.

See Instruction

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Stock

Stock

Common

(Print or Type Responses)

1. Name and Address of Reporting Person * MINDIAK DONALD		Symbol	2. Issuer Name and Ticker or Trading Symbol BCB BANCORP INC [BCBP]		5. Relationship of Reporting Person(s) to Issuer		
(Last) 104-110 AV	, , ,	(Month/I	3. Date of Earliest Transaction (Month/Day/Year) 03/07/2014		X Director X Officer (gi below)		% Owner her (specify
			4. If Amendment, Date Original Filed(Month/Day/Year)		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
BAYONNE, NJ 07002					Form filed by More than One Reporting Person		
(City)	(State)	(Zip) Tab	le I - Non-Deriv	ative Securities Ac	quired, Disposed	of, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		TransactionAc Code Dis (Instr. 8) (In	Securities Equired (A) or Sposed of (D) Str. 3, 4 and 5) (A) Or Mount (D) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock				(=)	26,413	D	
Common Stock					114,200	I	IRA
Common Stock					1,561	I	Son
Common					1 561	ī	Son

1,561

3,650

Ι

Son

IRA/Wife

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date U		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options	\$ 9.03					01/17/2014	01/17/2023	Common Stock	10,000
Stock Options	\$ 8.93					09/29/2012	09/29/2021	Common Stock	5,000
Stock Options	\$ 11.84					08/12/2004	08/12/2014	Common Stock	11,406
Stock Options	\$ 13.32	03/07/2014		A	10,000 (1)	03/07/2015	03/07/2024	Common Stock	10,000

Deletionship

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
MINDIAK DONALD 104-110 AVENUE C BAYONNE, NJ 07002	X		Chief Executive Officer			

Signatures

/s/ Alan Schick, pursuant to power of attorney 03/10/2014

Explanation of Responses:

**Signature of Reporting Person

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

(1) Stock options vest at a rate of 10% per year commencing on March 7, 2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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