

Item 1 - Information Contained in this Form 6-K Report

Attached as Exhibit 1 is a copy of the 2014 Proxy Statement of Ardmore Shipping Corporation (the "Company"), dated May 2, 2014.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

ARDMORE SHIPPING CORPORATION

Date: May 2, 2014

By: /s/ Paul Tivnan
Paul Tivnan
Chief Financial Officer, Treasurer and Secretary