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LEDSINGER CHARLES A JR

Form 4

December 22, 2005

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box

OMB APPROVAL OMB

3235-0287 Number: January 31,

Expires: 2005 Estimated average

burden hours per response... 0.5

if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** Form 4 or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

	Address of Reporting ER CHARLES A	JR Symbol CHOIC	СЕ НОТІ	nd Ticker or Trading ELS NAL INC /DE [CHH	Issuer	(Check all applicable)				
(Last) 10750 CO		Day/Year)	Fransaction	DirectoX Officer below)						
	(Street)	4. If An	4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
SILVER S	PRING, MD 2090	•	Filed(Month/Day/Year)			Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip) Tal	ble I - Non-	-Derivative Securities A	ivative Securities Acquired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)	(Month/Day/Year) Execution Date, if Trainany Cod			4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)			

	Security	(1.1011till Day)	Entertain Batte, in		,, 01 210	Postu		Securities	O III OI OI II P	monet Demontal
(Instr. 3)		any	Code	(D)			Beneficially	Form:	Ownership	
			(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4	and 5	5)	Owned Following Reported	Direct (D) or Indirect (I)	(Instr. 4)
					(A)			(Instr. 4)		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(======================================	
	Common Stock	12/21/2005		A	51,727	A	\$0	619,942.2	D	
	Common Stock							2,627	I	401 (k)
	Common Stock							2,640	I	Non-Qualified Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration Da	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8) Derivativ		;		Securi	ities	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A		
									Amount		
						Date	Expiration	TC:41	or		
						Exercisable	isable Date	Title Num	Number		
				G 1 17	(A) (D)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LEDSINGER CHARLES A JR 10750 COLUMBIA PIKE SILVER SPRING, MD 20901

CEO & President

Signatures

Charles A. 12/22/2005 Ledsinger, Jr.

**Signature of Reporting Date
Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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