ONE LIBERTY PROPERTIES INC

Form 4 April 15, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

Form 4 or Form 5 obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

ONE LIBERTY PROPERTIES INC

Symbol

burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

Issuer

2,750

174,651 (2)

361 (3)

I

I

I

may continue. See Instruction

1(b).

(Print or Type Responses)

KALISH DAVID

Stock

Stock

Stock

Common

Common

1. Name and Address of Reporting Person *

		[OLP]	[OLP]				(Check all applicable)			
(Last)	(First) (M		3. Date of Earliest Transaction (Month/Day/Year)			Director X_ Officer (gi	% Owner er (specify			
60 CUTTER 303		04/15/2005				below) below) Vice President				
	(Street)	4. If Am	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
		Filed(Mo	Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person			
GREAT NE	CK, NY 11021						Form filed by More than One Reporting Person			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code	(A)			5. Amount of Securities Form: Direct Beneficially (D) or Owned Indirect (I) Following (Instr. 4) Reported Transaction(s)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	04/15/2005		Code V	Amount 3,300	or (D)	Price \$ 0	(Instr. 3 and 4) 37,425 (1)	D		
Stock	0 1/ 13/ 2003		7.1	3,300	11	ΨΟ	51,125	D		
Common							2.750	ī	By IRA and profit	

sharing plan

trusts

By pension

By spouse

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ve Expiration D (Month/Day/	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option -Right to	\$ 12.19	09/13/2004		M	2,50	0 09/10/200	09/09/2006	Common Stock	2,500	

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

KALISH DAVID 60 CUTTER MILL ROAD SUITE 303 GREAT NECK, NY 11021

Vice President

Signatures

Buy

David W. Kalish 04/15/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The 3,300 shares were awarded to reporting person under the 2003 Incentive Plan. The shares vest April 14, 2010. The award is exempt from Section 16(b) under Rule 16(b)-3.
- (2) Reporting person, as a trustee of three pension trusts and a profit sharing trust, indirectly owns 16,356 share of common stock of issuer in one pension trust, 154,695 shares of common stock of issuer in a second pension trust, and in a profit sharing trust for the same entity, and

Reporting Owners 2

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3,510 share of common stock of issuer in a third pension trust.

(3) Column 5 includes shares acquired through issuer's dividend reinvestment plan.

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