GOULD MATTHEW J

Form 4 July 09, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

burden hours per

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

ONE LIBERTY PROPERTIES INC

Symbol

response... 0.5

See Instruction 1(b).

(Print or Type Responses)

GOULD MATTHEW J

1. Name and Address of Reporting Person *

			[OLP]					(Circ	ск ин иррнеи	<i>(</i> 10)
(Last) 60 CUTTE 303	(First) ER MILL ROAD,	(Middle) SUITE		Day/Year)	Transaction	n		_X_ Director _X_ Officer (givelelow) SENION		0% Owner Other (specify
	(Street)		4. If Am	endment, l	Date Origin	nal		6. Individual or .	Joint/Group Fi	iling(Check
			Filed(Mo	onth/Day/Ye	ear)			Applicable Line) _X_ Form filed by	One Reporting	Person
GREAT N	ECK, NY 11021								More than One	
(City)	(State)	(Zip)	Tal	ole I - Non	-Derivativ	e Secı	urities Acq	quired, Disposed	of, or Benefic	ially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transacti Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	07/07/2009			P	200	A	\$ 5.8	216,650 (1)	D	
Common Stock	07/07/2009			P	200	A	\$ 5.75	216,850 (1)	D	
Common Stock								36,738 <u>(2)</u>	I	As custodian
Common Stock								3,758 <u>(2)</u>	I	By spouse
Common Stock								12,832 (3)	I	By foundation

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Common Stock	07/07/2009	P	2,000	A	\$ 5.7	1,180,037 (4) I	By partnership
Common Stock	07/07/2009	P	2,000	A	\$ 5.64	1,182,037 (4) I	By partnership
Common Stock	07/07/2009	P	600	A	\$ 5.6099	1,182,637 (4) I	By partnership
Common Stock	07/07/2009	P	555	A	\$ 5.6	1,183,192 (4) I	By partnership
Common Stock	07/07/2009	P	200	A	\$ 5.59	1,183,392 (4) I	By partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.		6. Date Exerc	cisable and	7. Tit	le and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transac	ctionN	umber	Expiration D	ate	Amou	ınt of	Derivative
Security	or Exercise		any	Code	of	f	(Month/Day/	Year)	Unde	rlying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8	8) D	erivative	e		Secur	rities	(Instr. 5)
	Derivative				Se	ecurities			(Instr	. 3 and 4)	
	Security				A	cquired					
	•				(A	A) or					
					D	isposed					
					of	f (D)					
					(Iı	nstr. 3,					
					4,	and 5)					
					ĺ						
										Amount	
							Date	Expiration		or	
							Exercisable	Date	Title Nu	Number	
							Lacreisable	Dute		of	
				Code	V (A	(D)				Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
GOULD MATTHEW J 60 CUTTER MILL ROAD, SUITE 303 GREAT NECK, NY 11021	X		SENIOR VICE PRESIDENT					

Signatures

Matthew J.	07/00/2000
Gould	07/09/2009

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**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares held in reporting person's IRA and Keogh accounts and in money purchase pension plan.
- (2) Reporting person disclaims any beneficial interest in these shares.
- (3) These shares are owned by a charitable foundation of which reporting person is a director.
 - Reporting person is president of managing general partner of Gould Investors L.P. Reporting person also holds limited partnership units
- (4) in Gould Investors L.P. These shares represent all shares of issuer owned by Gould Investors L.P. and includes shares obtained through issuer's dividend re-investment plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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