KALISH DAVID

Form 4

November 03, 2009

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

3235-0287

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may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

303

(Print or Type Responses)

1. Name and Address of Reporting Person * KALISH DAVID

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to

Issuer

below)

Symbol

ONE LIBERTY PROPERTIES INC

(Check all applicable)

[OLP]

(Last) (First) (Middle)

(Street)

3. Date of Earliest Transaction

Director 10% Owner X_ Officer (give title Other (specify

(Month/Day/Year)

10/30/2009

Vice President

60 CUTTER MILL ROAD, SUITE

4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

GREAT NECK, NY 11021

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	10/30/2009		J	1,621 (1)	A	\$ 8.4542	63,933	D		
Common Stock	10/30/2009		J	78 (1)	A	\$ 8.4542	3,101	I	By IRA and profit sharing plan	
Common Stock	10/30/2009		J	4,301 (1)	A	\$ 8.4542	169,599 (2)	I	By pension trusts	
Common	10/30/2009		J	12 (1)	A	\$	490 (3)	I	By spouse	

Stock 8.4542

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. orNumber of Derivative Securities Acquired			7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo	
					(A) or Disposed						Repo Trans
					of (D)						(Instr
					(Instr. 3, 4, and 5)						
									Amount		
						Date Exercisable	Expiration Date	Title	or Number of		
				Code V	(A) (D)				Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

KALISH DAVID **60 CUTTER MILL ROAD SUITE 303** GREAT NECK, NY 11021

Vice President

Signatures

David W. Kalish 10/30/2009 **Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- As a result of the dividend declared on September 11, 2009 and paid on October 30, 2009 to all stockholders of record on September 25, 2009, these additional shares were received by the reporting person.
- Reporting person is a trustee of BRT Pension Trust, a trustee of Gould Investors L.P. Pension Trust, anda trustee of REIT Management **(2)** Corp. Pension Plan and Profit Sharing Trust, which, combined, own the number of shares shown.
- (3) Reporting person disclaims any beneficial interest in these shares.

Reporting Owners 2

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.