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MFS INTERMEDIATE HIGH INCOME FUND
Form N-PX
August 28, 2013

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UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM N-PX

ANNUAL REPORT OF PROXY VOTING RECORD OF
REGISTERED MANAGEMENT INVESTMENT COMPANIES

Investment Company Act file number 811-05567

MFS INTERMEDIATE HIGH INCOME FUND
(Exact name of registrant as specified in charter)

111 Huntington Avenue, Boston, Massachusetts 02199
(Address of principal executive offices) (Zip code)

Susan S. Newton
Massachusetts Financial Services Company
111 Huntington Avenue
Boston, Massachusetts 02199
(Name and address of agents for service)

Registrant's telephone number, including area code: (617) 954-5000

Date of fiscal year end: November 30

Date of reporting period: July 1, 2012 - June 30, 2013

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ITEM 1. PROXY VOTING RECORD.

***** FORM N-Px REPORT *****

ICA File Number: 811-05567
Reporting Period: 07/01/2012 - 06/30/2013
MFS Intermediate High Income Fund

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===== MFS Intermediate High Income Fund =====

ACCURIDE CORPORATION

Ticker: ACW Security ID: 00439T206
Meeting Date: MAY 28, 2013 Meeting Type: Annual
Record Date: APR 17, 2013

#	Proposal	Mgt Rec	Vote Cast	Sponsor
1.1	Elect Director Robin J. Adams	For	For	Management
1.2	Elect Director Keith E. Busse	For	For	Management
1.3	Elect Director Robert E. Davis	For	For	Management
1.4	Elect Director Richard F. Dauch	For	For	Management
1.5	Elect Director Lewis M. Kling	For	For	Management
1.6	Elect Director John W. Risner	For	For	Management
1.7	Elect Director James R. Rulseh	For	For	Management
2	Ratify Auditors	For	For	Management
3	Adopt, Renew or Amend Shareholder Rights Plan (Poison Pill)	For	For	Management
4	Advisory Vote to Ratify Named Executive Officers' Compensation	For	Against	Management

NEW YOUNG BROADCASTING HOLDINGS CO. INC.

Ticker: YBTVQ Security ID: 650151103
Meeting Date: MAR 04, 2013 Meeting Type: Annual
Record Date: FEB 18, 2013

#	Proposal	Mgt Rec	Vote Cast	Sponsor
1	Elect Director H.C Charles Diao	For	For	Management
2	Elect Director Soo Kim	For	For	Management
3	Elect Director Howard Schrott	For	For	Management
4	Elect Director Kevin Shea	For	For	Management
5	Elect Director Thomas J. Sullivan	For	For	Management

===== END NPX REPORT

SIGNATURES

Pursuant to the requirements of the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Registrant: MFS INTERMEDIATE HIGH INCOME FUND

By (Signature and Title): JOHN M. CORCORAN*

John M. Corcoran, Principal Executive

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Officer & President

Date: August 16, 2013

*By (Signature and Title) /s/ Susan S. Newton

Susan S. Newton, as attorney-in-fact

* Executed by Susan S. Newton on behalf of John M. Corcoran pursuant to a Power of Attorney dated July 8th, 2013. (1)

(1) Incorporated by reference to MFS Municipal Series Trust (File Nos. 2-92915 and 811-4096) Post-Effective Amendment No. 56 filed with the SEC via EDGAR on July 26, 2013.