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	-	Person *	2 Icen	er Name a	d Ticker o	r Trad	ing	5. Relationship	of Reporting	Person(s) to		
TOPPETA WILLIAM J Syn			Symbol	Issuer Name and Ticker or Trading nbol ETLIFE INC [MET]				Issuer				
				Date of Earliest Transaction				(Check all applicable)				
				th/Day/Year) 7/2011				Director X Officer (gi below) Presi	ve title Other (specify below) dent, International			
				nendment, Date Original onth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 				
(City)	(State)	(Zip)	Tal	ble I - Non	-Derivativ	e Secu	rities Aco	uired, Disposed	of, or Benefi	cially Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	isaction Date 2A. Deemed h/Day/Year) Execution Date, if any			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A)				6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)	()			
Common Stock	03/07/2011			M <u>(1)</u>	7,335	А	\$ 30.35	131,450	D			
Common Stock	03/07/2011			S <u>(1)</u>	7,335	D	\$ 45.68	124,115	D			
Common Stock	03/07/2011			M <u>(2)</u>	10,325	А	\$ 29.95	134,440	D			
Common Stock	03/07/2011			S <u>(2)</u>	10,325	D	\$ 45.68	124,115	D			
Common Stock								344	Ι	By the MetLife Policyholder		

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Trust (3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 30.35	03/07/2011		M <u>(1)</u>		7,335	<u>(4)</u>	02/18/2012	Common Stock	7,335
Employee Stock Option (Right to Buy)	\$ 29.95	03/07/2011		M <u>(2)</u>		10,325	(5)	04/08/2011	Common Stock	10,325

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
TOPPETA WILLIAM J 200 PARK AVENUE NEW YORK, NY 10166			President, International					
Signatures								
Richard S. Collins, authorized signer		03/08/2011						
**Signature of Reporting Person		Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option exercise and the sale of shares associated with the exercise reported in this Form 4 were effected pursuant to a Rule 10b5-1 Sales Plan adopted by the reporting person on August 6, 2010.
- (2) The option exercise and the sale of shares associated with the exercise reported in this Form 4 were effected pursuant to a Rule 10b5-1 Sales Plan adopted by the reporting person on November 5, 2010.
- (3) Shares held in trust under the MetLife Policyholder Trust established to hold shares of Common Stock allocated to eligible policyholders of Metropolitan Life Insurance Company, a wholly-owned subsidiary of MetLife, Inc.
- (4) The option vested in three equal installments on February 19, 2003, 2004, and 2005
- (5) The option vested in three equal installments on April 9,2002, 2003 and 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.