COWAN JAMES A Form 4 March 05, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB Number:

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subject to Section 16. Form 4 or Form 5 obligations may continue.

See Instruction

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if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading **COWAN JAMES A** Issuer Symbol American Railcar Industries, Inc. (Check all applicable) [ARII] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner X_ Officer (give title Other (specify (Month/Day/Year) below) C/O AMERICAN RAILCAR 03/04/2013 President and CEO INDUSTRIES, INC., 100 CLARK STREET

> (Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

ST. CHARLES, MO 63301

(City)	(State)	(Zip) Tab	le I - Non-	Derivativ	e Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)		sed of 4 and (A) or	` '	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/04/2013		S	200	D	\$ 44.44	15,300	D	
Common Stock	03/04/2013		S	100	D	\$ 44.46	15,200	D	
Common Stock	03/04/2013		S	100	D	\$ 44.455	15,100	D	
Common Stock	03/04/2013		S	500	D	\$ 44.45	14,600	D	
	03/04/2013		S	300	D	\$ 44.49	14,300	D	

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Common Stock							
Common Stock	03/04/2013	S	300	D	\$ 44.62	14,000	D
Common Stock	03/04/2013	S	500	D	\$ 44.61	13,500	D
Common Stock	03/04/2013	S	100	D	\$ 44.53	13,400	D
Common Stock	03/04/2013	S	200	D	\$ 44.5125	13,200	D
Common Stock	03/04/2013	S	300	D	\$ 44.5267	12,900	D
Common Stock	03/04/2013	S	100	D	\$ 44.51	12,800	D
Common Stock	03/04/2013	S	3,100	D	\$ 44.5	9,700	D
Common Stock	03/04/2013	S	200	D	\$ 44.5639	9,500	D
Common Stock	03/04/2013	S	300	D	\$ 44.56	9,200	D
Common Stock	03/04/2013	S	400	D	\$ 44.58	8,800	D
Common Stock	03/04/2013	S	100	D	\$ 44.575	8,700	D
Common Stock	03/04/2013	S	629	D	\$ 44.59	8,071	D
Common Stock	03/04/2013	S	600	D	\$ 44.57	7,471	D
Common Stock	03/04/2013	S	300	D	\$ 44.66	7,171	D
Common Stock	03/04/2013	S	100	D	\$ 44.67	7,071	D
Common Stock	03/04/2013	S	500	D	\$ 44.7	6,571	D
Common Stock	03/04/2013	S	821	D	\$ 44.7055	5,750	D
Common Stock	03/04/2013	S	700	D	\$ 44.73	5,050	D
Common Stock	03/04/2013	S	100	D	\$ 44.77	4,950	D
	03/04/2013	S	150	D	\$ 44.78	4,800	D

Common Stock							
Common Stock	03/04/2013	S	200	D	\$ 44.82	4,600	D
Common Stock	03/04/2013	S	300	D	\$ 44.83	4,300	D
Common Stock	03/04/2013	S	400	D	\$ 44.935	3,900	D
Common Stock	03/04/2013	S	100	D	\$ 44.94	3,800	D
Common Stock	03/04/2013	S	100	D	\$ 44.92	3,700	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date curities (Month/Day/Year) quired) or sposed of) str. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Appreciation Rights	\$ 6.71	03/04/2013		M	6,250	<u>(1)</u>	03/03/2016	Common Stock	6,250
Stock Appreciation Rights	\$ 6.71	03/04/2013		M	6,250	<u>(2)</u>	03/03/2016	Common Stock	6,250

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

Reporting Owners 3

COWAN JAMES A C/O AMERICAN RAILCAR INDUSTRIES, INC. 100 CLARK STREET ST. CHARLES, MO 63301

President and CEO

Signatures

/s/ James Cowan 03/05/2013

**Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The SARs were granted on March 3, 2009 and vest in four equal increments on March 3, 2010, 2011, 2012 and 2013.
 - The SARs were granted on March 3, 2009 and vest in four equal increments on March 3, 2010, 2011, 2012 and 2013 but only if the
- (2) closing price of the Company's stock achieves a specified price target for the twenty trading days during any sixty day trading period during the twelve month period preceding the applicable anniversary date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4