Integer Holdings Corp Form 4 March 13, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2 Jasuar Nama and Tiakar or Trading

OMB APPROVAL OMB

3235-0287 Number: January 31, Expires:

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5 Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

03/09/2017

03/09/2017

03/09/2017

Stock Common

Stock

Stock

Stock

Common

Common

	HOMAS J	Symbol	Integer Holdings Corp [ITGR]				Issuer (Check all applicable)			
		ŭ								
(Last)	(First) (I	Middle) 3. Date o	f Earliest Ti	ransaction						
		`	Day/Year)				_X_ Director		Owner	
10000 WEHRLE DRIVE 03/			03/09/2017				_X_ Officer (give below)	below)	er (specify	
							· · · · · · · · · · · · · · · · · · ·	sident & CEO		
	4. If Amo	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
	Filed(Mo	Filed(Month/Day/Year)				Applicable Line)				
							X Form filed by (
CLAREN	ICE, NY 14031						Person	fore than One Rep	porting	
(City)	(State)	(Zip) Tab	le I - Non-D	Derivative S	Securiti	ies Acqu	uired, Disposed of	, or Beneficiall	ly Owned	
1.Title of	2. Transaction Date	e 2A. Deemed	3.	4. Securit	ies Acq	uired	5. Amount of	6.	7. Nature of	
Security	(Month/Day/Year)	Execution Date, if		on(A) or Dis	-		Securities	Ownership	Indirect	
(Instr. 3)		any	Code	(Instr. 3, 4	4 and 5))	Beneficially	Form: Direct		
		(Month/Day/Year)	(Instr. 8)				Owned	(D) or	Ownership	
							Following Reported	Indirect (I) (Instr. 4)	(Instr. 4)	
					(A)		Transaction(s)	(111341. 4)		
			C 1 37		or	ъ.	(Instr. 3 and 4)			
Commo			Code V	Amount	(D)	Price				
Common	03/00/2017		M	17 5/19	٨	\$	250 952	D		

17,548 A

33,874 A

51,422 D

259,853

293,727

242,305

3,418

24.75

\$ 37.1

(1)

D

D

D

Ι

M

M

S

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

By 401(k)

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 24.75	03/09/2017		M		33,874	01/01/2010	01/05/2019	Common	33,874
Employee stock options	\$ 24.75	03/09/2017		M		17,548	03/05/2012	01/04/2019	Common	17,548

Reporting Owners

Reporting Owner Name / Address	Relationships							
r g	Director	10% Owner	Officer	Other				
HOOK THOMAS J								
10000 WEHRLE DRIVE	X		President & CEO					
CLARENCE NY 14031								

Signatures

/s/ Christopher J. Thome as attorney-in-fact for Thomas J.
Hook
03/13/2017

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at multiple prices ranging from \$37.00 to \$37.40, inclusive.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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