Edgar Filing: Symmetry Medical Inc. - Form 4

Symmetry M Form 4 February 17	, 2006									
Check this box January								OMB	3235-0287	
								•		
1(b). (Print or Type Responses)										
1. Name and Address of Reporting Person _2. IssuerORESMAN STEPHEN BSymbol				er Name and Ticker or Trading			5. Relationship of Reporting Person(s) to Issuer			
•			nmetry Medical Inc. [SMA] ate of Earliest Transaction			(Check all applicable)				
(Month			nth/Day/Year) 15/2006			X_ Director10% Owner Officer (give titleOther (specify below)				
				endment, Date Original onth/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
DARIEN, CT 06820 Form filed by More than One Reporting Person										
(City)	(State)	(Zip) T	able I - Non-	Derivative	Secur	rities Acq	uired, Disposed of,	, or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea	Code c) (Instr. 8)	4. Securi or(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/15/2006		А	1,000 (1)	А	\$ 0.0001	2,667 (2)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	nsactionNumber le of		;		Amou Unde Secur	le and ant of rlying ities . 3 and 4)	Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
			Code V	4, and	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
ORESMAN STEPHEN B 49 SUNSWYCK ROAD DARIEN, CT 06820	Х							
Signatures								
Fred Hite, attorney-in-fact	02/16/200	6						

<u>**</u>Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Consists of restricted stock issued pursuant to the Issuer's 2004 Equity Incentive Plan. Shares vest ratably over a three year period as of
(1) December 31 of each year, beginning on December 31, 2006. As of this date, none of Reported Person's shares of restricted stock have vested.

Consists of 1,667 shares of restricted stock issued pursuant to the Issuer's 2004 Equity Incentive Plan. Shares vest ratably over a three(2) year period as of December 31 of each year, beginning on December 31, 2005. As of this date, 555.67 shares of restricted stock have vested.

Remarks:

Remarks:

Exhibit List

Exhibit 24 - Confirming Statement

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.