MGP INGREDIENTS INC

Form 4

October 19, 2004

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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OMB APPROVAL

Check this box if no longer subject to Section 16.

Form 4 or Form 5 obligations

may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * CLOUD L CRAY JR

2. Issuer Name and Ticker or Trading Symbol

MGP INGREDIENTS INC [MGPI]

5. Relationship of Reporting Person(s) to

(Check all applicable)

Chairman of the Board

Issuer

(Middle)

3. Date of Earliest Transaction

1300 MAIN STREET, P.O. BOX

(Street)

(First)

130

(Month/Day/Year)

10/15/2004

_X__ Director 10% Owner X_ Officer (give title Other (specify below)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

ATCHISON, KS 66002

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)

2. Transaction Date 2A. Deemed (Month/Day/Year)

Execution Date, if

(Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5) (Instr. 8)

5. Amount of Securities Beneficially Owned Following

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial Ownership (I) (Instr. 4) (Instr. 4)

Reported (A) Transaction(s)

Code V Amount (D) Price

(Instr. 3 and 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Conversion Security or Exercise

3. Transaction Date 3A. Deemed (Month/Day/Year)

Execution Date, if any

4. 5. Number Transaction of Derivative Expiration Date Securities Code

6. Date Exercisable and (Month/Day/Year)

7. Title and Amount of 8 Underlying Securities (Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					(,
			Code V	(A) (D) Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 8.125				04/11/1997	10/11/2006	Common Stock	2,000 (1)	
Stock Options	\$ 7.125				04/09/1998	10/09/2007	Common Stock	2,000 (2)	
Stock Options	\$ 5.875				04/08/1999	10/08/2008	Common Stock	2,000 (3)	
Stock Options	\$ 4.5				04/13/2000	10/13/2009	Common Stock	2,000 (4)	
Stock Options	\$ 4.8125				04/12/2001	10/12/2010	Common Stock	2,000 (5)	
Stock Options	\$ 5.575				04/11/2002	10/11/2011	Common Stock	2,000 (6)	
Stock Options	\$ 3.25				04/11/2003	10/11/2012	Common Stock	2,000 (7)	
Stock Options	\$ 4.375				04/10/2004	10/10/2013	Common Stock	2,000 (8)	
Stock Options	\$ 9.09	10/15/2004	A	2,000	04/16/2005	10/15/2014	Common Stock	2,000	

Reporting Owners

Reporting Owner Name / Address	Relationships				
r	Director	10% Owner	Officer	Other	
CLOUD L CRAY JR 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002	X		Chairman of the Board		

Signatures

Cloud L. Cray, Jr.	10/19/2004		
**Signature of Reporting Person	Date		

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1, resulting in the reporting person's acquisition of 1,000 additional shares of stock options.
- (2) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1, resulting in the reporting person's acquisition of 1,000 additional shares of stock options.
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- (8) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1, resulting in the reporting person's acquisition of 1,000 additional shares of stock options.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.