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ADAMS EXPRESS CO  
Form 13F-HR  
August 05, 2009

UNITED STATES  
SECURITIES & EXCHANGE COMMISSION  
Washington, D.C. 20549

Form 13F

Form 13F COVER PAGE

Report for the Calendar Year or Quarter Ended June 30, 2009

Check here if Amendment [ ] ; Amendment Number:

This amendment (Check only one.) : [ ] is a restatement  
[ ] adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: The Adams Express Company  
Address: 7 St. Paul Street, Suite 1140  
Baltimore, MD 21202

Form 13F File Number: 28-597

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Person Signing this Report on Behalf of Reporting Manager:

Name: Christine M. Sloan  
Title: Assistant Treasurer  
Phone: (410) 752-5900

Signature, Place, and Date of Signing:

/s/ Christine M. Sloan Baltimore, MD August 3, 2009  
[Signature] [City, State] [Date]

Report Type (Check only one.):

[X] 13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)

[ ] 13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other

[ ] 13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager (s).)

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Form 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 0  
 Form 13F Information Table Entry Total: 74  
 Form 13F Information Table Value Total: \$828,415  
 (in thousands)

List of Other Included Managers:

Provide a numbered list of the name (s) and Form 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

NONE

FORM 13F INFORMATION TABLE

COLUMN 1 NAME OF ISSUER	COLUMN 2 TITLE OF CLASS	COLUMN 3 CUSIP	COLUMN 4 VALUE IN 000's	COLUMN 5 SHARES/PRN AMOUNT	SH/ PRN	PUT/ CALL	COLUMN 6 INVSTM DISCRETN SOLE SHARED NONE
3M COMPANY	COM	88579Y101	4,808	80,000	SH		SOLE
ABBOTT LABS	COM	002824100	15,053	320,000	SH		SOLE
AT&T CORP	COM	00206R102	9,936	400,000	SH		SOLE
AUTOMATIC DATA PROCESSIN	COM	053015103	10,632	300,000	SH		SOLE
AVON PRODUCTS	COM	054303102	11,214	435,000	SH		SOLE
BANK OF AMERICA	COM	060505104	14,454	1,095,000	SH		SOLE
BANK OF NEW YORK MELLON	COM	064058100	11,835	403,775	SH		SOLE
BRISTOL MYERS SQUIBB	COM	110122108	7,007	345,000	SH		SOLE
BROADCOM CORP	COM	111320107	9,916	400,000	SH		SOLE
BUNGE LTD.	COM	G16962105	9,640	160,000	SH		SOLE
CAPITAL ONE FINANCIAL CO	COM	14040H105	6,126	280,000	SH		SOLE
CHEVRON CORP.	COM	166764100	9,937	150,000	SH		SOLE
CINTAS CORP.	COM	172908105	6,852	300,000	SH		SOLE
CISCO SYSTEMS	COM	17275R102	15,844	850,000	SH		SOLE
COCA-COLA CO.	COM	191216100	14,397	300,000	SH		SOLE
CONOCOPHILLIPS	COM	20825C104	6,309	150,000	SH		SOLE
CONSOL ENERGY INC.	COM	20854P109	6,792	200,000	SH		SOLE
CORNING INC	COM	219350105	8,030	500,000	SH		SOLE
CURTISS-WRIGHT CORP	COM	231561101	10,703	360,000	SH		SOLE
CVS/CAREMARK CORPORATION	COM	126650100	9,083	285,000	SH		SOLE
DEAN FOODS	COM	242370104	8,156	425,000	SH		SOLE
DEL MONTE FOODS	COM	24522P103	12,194	1,300,000	SH		SOLE
DELL INC.	COM	24702R101	8,032	585,000	SH		SOLE
DUPONT EI DE NEMOURS	COM	263534109	11,785	460,000	SH		SOLE
EMERSON ELECTRIC	COM	291011104	9,720	300,000	SH		SOLE
EXXON MOBIL CORP.	COM	30231G102	15,031	215,000	SH		SOLE
GENERAL ELECTRIC CO.	COM	369604103	17,439	1,488,000	SH		SOLE
GILEAD SCIENCES INC.	COM	375558103	9,368	200,000	SH		SOLE

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GOLDMAN SACHS GROUP, INC	COM	38141G104	2,949	20,000	SH	SOLE
HALLIBURTON CO.	COM	406216101	6,210	300,000	SH	SOLE
HANSEN NATURAL CORP.	COM	411310105	8,013	260,000	SH	SOLE
HARSCO CORP.	COM	415864107	8,773	310,000	SH	SOLE
HOSPIRA INC.	COM	441060100	11,556	300,000	SH	SOLE
ILLINOIS TOOL WORKS	COM	452308109	9,335	250,000	SH	SOLE
INTEL CORP	COM	458140100	13,902	840,000	SH	SOLE
JOHNSON & JOHNSON	COM	478160104	14,484	255,000	SH	SOLE
JPMORGAN CHASE & CO.	COM	46625H100	11,427	335,000	SH	SOLE
LOWE'S COS INC.	COM	548661107	11,646	600,000	SH	SOLE
MASCO CORP	COM	574599106	4,311	450,000	SH	SOLE
MCDONALD'S CORP	COM	580135101	14,372	250,000	SH	SOLE
MDU RESOURCES GROUP, INC	COM	552690109	10,671	562,500	SH	SOLE
MEDTRONIC INC.	COM	585055106	12,211	350,000	SH	SOLE
MICROSOFT CORP	COM	594918104	28,049	1,180,000	SH	SOLE
NEWELL RUBBERMAID INC.	COM	651229106	4,164	400,000	SH	SOLE
NORTHEAST UTILITIES	COM	664397106	7,809	350,000	SH	SOLE
NORTHWEST NATURAL GAS CO	COM	667655104	8,864	200,000	SH	SOLE
ORACLE CORP	COM	68389X105	23,562	1,100,000	SH	SOLE
OSHKOSH CORPORATION	COM	688239201	4,798	330,000	SH	SOLE
PEPSI CO. INC.	COM	713448108	19,786	360,000	SH	SOLE
PETROLEUM & RESOURCES CO	COM	716549100	44,698	2,186,774	SH	SOLE
PFIZER INC	COM	717081103	16,800	1,120,000	SH	SOLE
PNC FINANCIAL SERVICES G	COM	693475105	9,703	250,000	SH	SOLE
PROCTER & GAMBLE COMPANY	COM	742718109	16,096	315,000	SH	SOLE
PRUDENTIAL FINANCIAL INC	COM	744320102	11,538	310,000	SH	SOLE
QUALCOMM INC.	COM	747525103	10,396	230,000	SH	SOLE
RYLAND GROUP INC.	COM	783764103	5,757	343,500	SH	SOLE
SAFEWAY, INC	COM	786514208	7,944	390,000	SH	SOLE
SENOMYX INC.	COM	81724Q107	2,077	984,400	SH	SOLE
SPECTRA ENERGY CORP.	COM	847560109	5,174	305,780	SH	SOLE
SPIRIT AEROSYSTEMS HOLDI	COM	848574109	9,893	720,000	SH	SOLE
STATE STREET CORP.	COM	857477103	10,856	230,000	SH	SOLE
TARGET CORP.	COM	87612E106	12,630	320,000	SH	SOLE
TATA MOTORS LTD.	ADR SPONSORED ADR	876568502	8,520	1,000,000	SH	SOLE
TEVA PHARMACEUTICAL INDU	ADR	881624209	18,256	370,000	SH	SOLE
TRANSOCEAN LTD	REG SHS	H8817H100	11,886	160,000	SH	SOLE
UNILEVER PLC ADR	SPON ADR NEW	904767704	18,800	800,000	SH	SOLE
UNITED TECHNOLOGIES	COM	913017109	15,588	300,000	SH	SOLE
UNITEDHEALTH GROUP INC.	COM	91324P102	2,498	100,000	SH	SOLE
VISA INC.	COM CL A	92826C839	11,829	190,000	SH	SOLE
WALT DISNEY CO.	COM	254687106	11,198	480,000	SH	SOLE
WELLS FARGO COMPANY	COM	949746101	10,311	425,000	SH	SOLE
WGL HOLDINGS INC.	COM	92924F106	7,640	238,600	SH	SOLE
WYETH COMPANY	COM	983024100	14,752	325,000	SH	SOLE
ZIMMER HLDGS INC.	COM	98956P102	6,390	150,000	SH	SOLE
			828,415			