BLOEM JAMES H Form 4 March 20, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

Number:

Expires:

January 31, 2005

Estimated average

0.5

OMB APPROVAL

burden hours per response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * BLOEM JAMES H			2. Issuer Name and Ticker or Trading Symbol HUMANA INC [HUM]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	First) (Middle)		(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
HUMANA INC., 500 WEST MAIN STREET			(Month/Day/Year) 03/20/2013	Director 10% Owner _X Officer (give title Other (specify below) Sr. VP, CFO & Treasurer		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
LOUISVILLE, KY 40202			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I Non Derivative Securities Ac	quired Disposed of or Ronoficially Owner		

(City)	(51410)	Table	e I - Non-D	erivative S	Securities Acc	juired, Disposed (of, or Beneficial	ly Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securit	ies Acquired	5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transactio	on(A) or Di	sposed of	Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	(D)		Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3,	4 and 5)	Owned	Indirect (I)	Ownership
						Following	(Instr. 4)	(Instr. 4)
					(4)	Reported		
					(A)	Transaction(s)		
			C-1- V	A	or	(Instr. 3 and 4)		
**			Code V	Amount	(D) Price			
Humana	02/20/2012		M	2 155	, \$	15 725	D	

03/20/2013 M 2,155 Α 45,725 D 46.4 Common

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Edgar Filing: BLOEM JAMES H - Form 4

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Sector Acquarter (A) of Disp (D)	or cosed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options (1)	\$ 69.475						(2)	02/21/2015	Humana Common	46,436
Options (1)	\$ 46.4	03/20/2013		M		2,155	(3)	02/18/2017	Humana Common	2,155
Options (1)	\$ 61.18						<u>(4)</u>	02/17/2018	Humana Common	15,178
Options (1)	\$ 88.6475						(5)	02/23/2019	Humana Common	28,436
Options (1)	\$ 72.84						<u>(6)</u>	02/20/2020	Humana Common	18,201
Restricted Stock Units (7)	<u>(9)</u>						(10)	(10)	Humana Common	5,149
Restricted Stock Units (7)	<u>(9)</u>						<u>(11)</u>	<u>(11)</u>	Humana Common	17,201
Restricted Stock Units (7)	<u>(9)</u>						(12)	(12)	Humana Common	5,528
Restricted Stock Units (8)	<u>(9)</u>						(13)	<u>(13)</u>	Humana Common	6,006

Reporting Owners

Reporting Owner Name / Address		Relationships		
.r. g	Director	10% Owner	Officer	Other
BLOEM JAMES H HUMANA INC. 500 WEST MAIN STREET LOUISVILLE, KY 40202			Sr. VP, CFO & Treasurer	

Reporting Owners 2

Signatures

James H. Bloem 03/20/2013

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Right to buy pursuant to the Company's 2003 Stock Incentive Plan.
- (2) Incentive and Non-Qualified stock options granted to reporting person on 2/21/08, NQ options vesting in three increments from 2/21/09 to 2/21/11, and ISO's vesting on 2/21/11.
- (3) Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/18/11 to 2/18/13.
- (4) Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/17/12 to 2/17/14.
- (5) Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/23/13 to 2/23/15.
- (6) Incentive and Non-Qualified stock options granted to reporting person on 02/20/13, vesting in three increments from 02/20/14 to 02/20/16.
- (7) Right to receive one share per restricted stock unit pursuant to the Company's 2003 Stock Incentive Plan.
- (8) Right to receive one share per restricted stock unit pursuant to the Company's 2011 Stock Incentive Plan.
- (9) Each restricted stock unit represents a contingent right to receive one share of Humana Inc. common stock, exempt under Rule 16b-3(d)(1) & (3).
- (10) Restricted stock units granted to reporting person on 02/17/11, 100% of the award is vesting on 02/17/14.
- (11) Restricted stock units granted to reporting person on 11/7/11, 100% of the award is vesting on 11/7/13.
- (12) Restricted stock units granted to reporting person on 02/23/12, 100% of the award is vesting on 02/23/15.
- (13) Restricted stock units granted to reporting person on 02/20/13, 100% of the award is vesting on 02/20/16.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3