### Edgar Filing: WHITTEMORE ANNE M - Form 4

WHITTEM Form 4	ORE ANNE M									
May 03, 201	11									
								OMB A	PPROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									3235-0287	
Check this box if no longer subject to Section 16. Form 4 or								Expires: Estimated burden hou response	urs per	
Form 5 obligatio may con <i>See</i> Instr 1(b).	ons Section 17(	(a) of the l	Public U	Jtility Hol	lding Con		nge Act of 1934, of 1935 or Section 940	on		
(Print or Type	Responses)									
1. Name and Address of Reporting Person <u>*</u> WHITTEMORE ANNE M			Symbol	er Name <b>an</b>		Trading /VA/ [OM	5. Relationship of Reporting Person(s) to Issuer			
							(Che	eck all applicabl	k all applicable)	
(Last) 9120 LOCI	3. Date of Earliest Transaction (Month/Day/Year) 04/29/2011				X_ Director 10% Owner Officer (give title Other (specify below) below)					
MECHAN	4. If Amendment, Date Original Filed(Month/Day/Year)			<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>						
							Person			
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Securities A	Acquired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)		Date, if	3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or		Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code V	Amount	(D) Price				
Reminder: Re	port on a separate line	e for each cl	ass of sec	urities bene	-	-	-			
					infor <del>n</del> requir	nation con ed to resp lys a curre	spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8. Pric
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securities	Deriva
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	Securi
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired			(Instr.

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Derivative Security					<ul><li>(A) or</li><li>Disposed</li><li>(D)</li><li>(Instr. 3, and 5)</li></ul>						
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	04/29/2011	А		2,322		(1)	<u>(1)</u>	Common Stock	2,322	\$ 34

## **Reporting Owners**

Relationships							
Director	10% Owner	Officer	Other				
Х							
		Director 10% Owner	Director 10% Owner Officer	Director 10% Owner Officer Other			

Anne Marie Whittemore by Rosemarie W. France, POA

<u>\*\*</u>Signature of Reporting Person Date

### **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The shares of phantom stock are convertible on a 1-for-1 basis and become payable, in cash or common stock, at the election of the
(1) reporting person, upon the occurrence of one of the following (as elected in advance by the reporting person): (a) death, (b) disability, (c) termination of service as director, (d) specified future delivery date, or (e) the earliest to occur of (a), (b), (c) or (d).

05/03/2011

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.