

BALLY TOTAL FITNESS HOLDING CORP  
Form 8-K  
March 12, 2004

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C.

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**FORM 8-K**

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF  
THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of Earliest Event Reported): **March 11, 2004**

**BALLY TOTAL FITNESS HOLDING CORPORATION**

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(Exact name of registrant as specified in its charter)

Commission file number: **0-27478**

<b>Delaware</b>	<b>36-3228107</b>
(State or other jurisdiction of incorporation)	(I.R.S. Employer Identification No.)
<b>8700 West Bryn Mawr Avenue, Chicago, Illinois</b>	<b>60631</b>
	(Zip Code)

(Address of principal  
executive offices)

Registrant's telephone  
number, including  
area code: (773)  
380-3000

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BALLY TOTAL FITNESS HOLDING CORPORATION

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Current Report

Item 7. Financial Statements and Exhibits

c. Exhibits

99 Press Release dated March 11, 2004

Item 12. Results of Operations and Financial Condition

On March 11, 2004, Bally Total Fitness Holding Corporation issued a press release announcing results for the quarter and year ended December 31, 2003. The press release is attached hereto as Exhibit 99 and incorporated by reference herein.

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

BALLY TOTAL FITNESS HOLDING CORPORATION

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Registrant

Dated: March 11, 2004

/s/ John W. Dwyer

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John W. Dwyer  
Executive Vice President and Chief Financial Officer  
(principal financial officer)