

EXTENDICARE INC /CAN/  
Form 6-K  
July 16, 2003

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**SECURITIES AND EXCHANGE COMMISSION**  
Washington, D.C. 20549

**Form 6-K**

**Report of Foreign Issuer**

Pursuant to Rule 13a-16 or 15d-16 of  
the Securities Exchange Act of 1934

For July 16, 2003

**Extendicare Inc.**

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*(Translation of registrant's name into English)*

3000 Steeles Avenue East  
Markham, Ontario, Canada L3R 9W4

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*(Address of principal executive offices)*

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F

Form 40-F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes

No

If  Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b):

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**EXHIBIT INDEX**

<b>Exhibit Number</b>	<b>Description of Exhibit</b>
99.1	News Release dated July 16, 2003

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**EXTENDICARE INC.**

Date: July 16, 2003

By: /s/ MARK W. DURISHAN

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Mark W. Durishan  
Vice-President, Finance and  
Chief Financial Officer