

EXTENDICARE INC /CAN/
Form 6-K
September 22, 2006

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Issuer

**Pursuant to Rule 13a-16 or 15d-16 of
the Securities Exchange Act of 1934**

For September 21, 2006

EXTENDICARE INC.

(Translation of registrant's name into English)

3000 Steeles Avenue East

Markham, Ontario, Canada L3R 9W2

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F

Form 40-F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes

No

If Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): N/A

EXHIBIT INDEX

Exhibit Number	Description of Exhibit
99.1	Notice and Management Proxy Circular for a Special Meeting of Holders of Multiple Voting Shares and Subordinate Voting Shares of Extendicare Inc. to be Held on October 16, 2006 Dated September 13, 2006
99.2	Information Statement of Assisted Living Concepts, Inc. Dated September 11, 2006
99.3	Form of Proxy
99.4	Letter of Transmittal Multiple Voting Shares
99.5	Letter of Transmittal Subordinate Voting Shares

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

EXTENDICARE INC.

Date: September 21, 2006

By: /s/ Richard L. Bertrand

Richard L. Bertrand
Senior Vice-President and
Chief Financial Officer