LAROSE ROBERT C

Check this box

Form 4

November 14, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * LAROSE ROBERT C			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (Middle) 13410 SUTTON PARK DRIVE SOUTH		(Middle)	LANDSTAR SYSTEM INC [LSTR] 3. Date of Earliest Transaction	(Check all applicable) Director 10% OwnerX_ Officer (give title Other (specify below) Vice President & CFO		
		` '	(Month/Day/Year) 11/10/2005			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
JACKSONVILLE, FL 32224		2224		Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secur	ities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	omr Dispos (Instr. 3, 4	ed of (4 and 5 (A) or	5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/10/2005	11/10/2005	Code V M	Amount 6,628	(D)	Price \$ 8.1173	152,600	D	
Common Stock	11/10/2005	11/10/2005	M	40,000	A	\$ 9.0482	192,600	D	
Common Stock	11/10/2005	11/10/2005	S	300	D	\$ 40.51	192,300	D	
Common Stock	11/10/2005	11/10/2005	S	200	D	\$ 40.53	192,100	D	
Common Stock	11/10/2005	11/10/2005	S	200	D	\$ 40.55	191,900	D	

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Common Stock	11/10/2005	11/10/2005	S	100	D	\$ 40.57	191,800	D
Common Stock	11/10/2005	11/10/2005	S	800	D	\$ 40.58	191,000	D
Common Stock	11/10/2005	11/10/2005	S	300	D	\$ 40.59	190,700	D
Common Stock	11/10/2005	11/10/2005	S	40	D	\$ 40.6	190,660	D
Common Stock	11/10/2005	11/10/2005	S	200	D	\$ 40.62	190,460	D
Common Stock	11/10/2005	11/10/2005	S	400	D	\$ 40.7	190,060	D
Common Stock	11/10/2005	11/10/2005	S	400	D	\$ 40.71	189,660	D
Common Stock	11/10/2005	11/10/2005	S	600	D	\$ 40.75	189,060	D
Common Stock	11/10/2005	11/10/2005	S	400	D	\$ 40.76	188,660	D
Common Stock	11/10/2005	11/10/2005	S	800	D	\$ 40.79	187,860	D
Common Stock	11/10/2005	11/10/2005	S	2,700	D	\$ 40.8	185,160	D
Common Stock	11/10/2005	11/10/2005	S	600	D	\$ 40.81	184,560	D
Common Stock	11/10/2005	11/10/2005	S	200	D	\$ 40.83	184,360	D
Common Stock	11/10/2005	11/10/2005	S	200	D	\$ 40.84	184,160	D
Common Stock	11/10/2005	11/10/2005	S	1,500	D	\$ 40.85	182,660	D
Common Stock	11/10/2005	11/10/2005	S	2,083	D	\$ 40.86	180,577	D
Common Stock	11/10/2005	11/10/2005	S	400	D	\$ 40.87	180,177	D
Common Stock	11/10/2005	11/10/2005	S	500	D	\$ 40.88	179,677	D
Common Stock	11/10/2005	11/10/2005	S	300	D	\$ 40.89	179,377	D
Common Stock	11/10/2005	11/10/2005	S	461	D	\$ 40.9	178,916	D
	11/10/2005	11/10/2005	S	256	D	\$ 40.92	178,660	D

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Common Stock							
Common Stock	11/10/2005	11/10/2005	S	200	D	\$ 40.93 178,460	D
Common Stock	11/10/2005	11/10/2005	S	450	D	\$ 40.94 178,010	D
Common Stock	11/10/2005	11/10/2005	S	1,181	D	\$ 40.95 176,829	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to buy)	\$ 8.1173	11/10/2005	11/10/2005	M	6,628	02/07/2005	02/07/2011	Common Stock	6,628
Stock Options (Right to buy)	\$ 9.0482	11/10/2005	11/10/2005	M	40,000	01/02/2005	01/02/2012	Common Stock	40,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
· · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other		
LAROSE ROBERT C			Vice			
13410 SUTTON PARK DRIVE SOUTH			President &			
JACKSONVILLE, FL 32224			CFO			

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Signatures

James B. Gattoni, Power of Attorney 11/14/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4