AMARC RESOURCES LTD Form NT 20-F October 01, 2008

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 12b-25

OMB APPROVAL
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3235-0058
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2009
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NOTIFICATION OF LATE FILING

(Check one):

(5.55.5)					
[n 20-F [] Form 11] Form N-SAR [
For Period Ended: March 31, 2008					
		Transition F 10-K Transition F 20-F Transition F 11-K Transition F 10-Q Transition F N-SAR For the Transition	Report on Form Report on Form Report on Form Report on Form		

If the notification relates to a portion of the filing checked above, identify the Item(s) to which the notification relates:

PART I REGISTRANT INFORMATION

Amarc Resources Ltd.

Full Name of Registrant

<u>n/a</u>

Former Name if Applicable

1020 - 800 West Pender Street

Address of Principal Executive Office (Street and Number)

Vancouver, BC, Canada V6C 2V6

City, State and Zip Code

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PART II RULES 12b-25(b) AND (c)

If the subject report could not be filed without unreasonable effort or expense and the registrant seeks relief pursuant to Rule 12b-25(b), the following should be completed. (Check box if appropriate)

- (a) The reason described in reasonable detail in Part III of this form could not be eliminated without unreasonable effort or expense
- X

 The subject annual report, semi-annual report, transition report on Form 10-K, Form 20-F, Form 11-K, Form N-SAR or Form N-CSR, or portion thereof, will be filed on or before the fifteenth calendar day following the prescribed due date; or the subject quarterly report or transition report on Form 10-Q or subject distribution report on Form 10-D, or portion thereof, will be filed on or before the fifth calendar day following the prescribed due date; and
 - (c) The accountant s statement or other exhibit required by Rule 12b-25(c) has been attached if applicable.

PART III NARRATIVE

State below in reasonable detail why Forms 10-K, 20-F, 11-K, 10-Q, 10-D, N-SAR, N-CSR, or the transition report or portion thereof, could not be filed within the prescribed time period.

This Annual Report on Form 20-F will be filed within 15 days.

PART IV OTHER INFORMATION

(1) Name and telephone number of person to contact in regard to this notification

<u>Mr. Paul Mann</u>	<u>604</u>	<u>684-6365</u>
(Name)	(Area Code)	(Telephone Number)

(2) Have all other periodic reports required under Section 13 or 15(d) of the Securities Exchange Act of 1934 or Section 30 of the Investment Company Act of 1940 during the preceding 12 months or for such shorter period that the registrant was required to file such report(s) been filed? If answer is no, identify report(s).

[x]Yes[]No

(3) Is it anticipated that any significant change in results of operations from the corresponding period for the last fiscal year will be reflected by the earnings statements to be included in the subject report or portion thereof?

[] Yes [x] No

If so, attach an explanation of the anticipated change, both narratively and quantitatively, and, if appropriate, state the reasons why a reasonable estimate of the results cannot be made.

Amarc Resources Ltd.

(Name of Registrant as Specified in Charter)

has caused this notification to be signed on its behalf by the undersigned hereunto duly authorized.

Date: September 30, 2008 By: /s/ Paul Mann

Paul Mann

Title: Chief Financial Officer