MANDOS ROBERT R

Form 4

September 11, 2009

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB APPROVAL

OMB 3235-0287 Number:

> January 31, 2005

Estimated average burden hours per

response... 0.5

Expires:

5. Relationship of Reporting Person(s) to

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

MANDOS I	ROBERT Ř	_	Symbol AMETI	EK INC/ [[AME]	rucii	Is	suer (Chack	all applicable)	
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)			_	Director		Owner	
37 NORTH ROAD, BU			09/11/2	-				X_ Officer (give ti- low) SENIOR VP	tle Other below) - COMPTROI	(specify
PAOLI, PA	(Street)			ndment, Da nth/Day/Year	_		Aj	Individual or Join pplicable Line) _ Form filed by One _ Form filed by Money	e Reporting Pers	son
I AOLI, I A	17301-0001						Pe	erson		
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative S	Securi	ities Acquir	ed, Disposed of, o	or Beneficially	y Owned
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	r) Execution	med on Date, if Day/Year)	3. Transactio Code (Instr. 8)	4. Securition Dispose (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	09/11/2009			Code V M	Amount 18,000	(D)	Price \$ 12.0417	(Instr. 3 and 4) 63,970	D	
Common Stock	09/11/2009			S	18,000	D	\$ 35.0047	45,970	D	
401k Plan								227	I	401k Plan
Common Stock/serp								5,346	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	orDeriv Secur Acqu	rities ired (A) sposed of . 3, 4,	6. Date Exer Expiration D (Month/Day)	ate	7. Title and A Underlying S (Instr. 3 and	Securities 1
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 12.0417	09/11/2009		M		18,000	<u>(1)</u>	05/19/2010	Common Stock	18,000
Stock Option	\$ 17.45						(3)	05/17/2011	Common Stock	13,500
Stock Option	\$ 20.27						<u>(4)</u>	09/21/2011	Common Stock	16,455
Stock Option	\$ 25.2867						(5)	04/26/2012	Common Stock	7,770
Stock Option	\$ 33.2667						<u>(6)</u>	04/25/2013	Common Stock	7,758
Stock Option	\$ 36.44						<u>(7)</u>	04/23/2014	Common Stock	7,715
Stock Option	\$ 48.6						(8)	04/22/2015	Common Stock	9,463
Stock Option	\$ 32.71						<u>(9)</u>	04/22/2016	Common Stock	18,018

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

MANDOS ROBERT R 37 NORTH VALLEY ROAD BUILDING 4 PAOLI, PA 19301-0801

SENIOR VP - COMPTROLLER

Dolotionchine

Reporting Owners 2

Signatures

/s/ Robert R. 09/11/2009 Mandos

**Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The stock options will become exercisable in four equal installments beginning on May 20, 2004.
- (2) The shares were sold at prices ranging from \$35.00 to \$35.05 per share. Upon request by the SEC staff, the issuer or any security holder of the issuer, the reporting person will provide information regarding the number of shares sold at each separate price.
- (3) The stock options will become exercisable in four equal installments beginning on May 18, 2005.
- (4) The stock options will become exercisable in four equal installments beginning on September 22, 2005.
- (5) The stock options will become exercisable in four equal installments beginning on April 27, 2006.
- (6) The stock options will become exercisable in four equal installments beginning on April 26, 2007.
- (7) The stock options will become exercisable in four equal installments beginning on April 24, 2008.
- (8) The stock options will become exercisable in four equal installments beginning on April 23, 2009.
- (9) The stock options will become exercisable in four equal annual installments beginning on April 23, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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