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| ALLSTATE Form 4 | ECORP | | | | | | | | | | |
|---|-------------------------------------|------------|--------------------------|------------------|------------------------|--------|--|---|---|-------------------------------|--|
| August 10, 2 | 2016 | | | | | | | | | | |
| FORM | 14 | | | | | | | | OMB AF | PROVAL | |
| | UNITED |) STATES | | | AND EX(, D.C. 202 | | NGE C | OMMISSION | OMB Number: | 3235-0287 | |
| Check th if no lon | aer | | | | | | | | Expires: | January 31, 2005 | |
| subject to Section 16. Form 4 or | | | | IGES IN SECUF | | [CIA] | L OWN | NERSHIP OF | Estimated a burden hour response | average urs per | |
| Form 5 obligatio may con <i>See</i> Instr 1(b). | tinue. Section 17 | (a) of the | Public U | tility Hol | | ipany | Act of | e Act of 1934, 1935 or Sectior 0 | 1 | | |
| (Print or Type | Responses) | | | | | | | | | | |
| Shebik Steven E Syr | | | Symbol | | l Ticker or RP [ALL | | ıg | 5. Relationship of Reporting Person(s) to Issuer | | | |
| (Last) | (First) | (Middle) | 3. Date of | f Earliest T | ransaction | - | | (Checl | k all applicable |) | |
| C/O THE A CORPORA ROAD | ALLSTATE TION, 2775 SA | NDERS | (Month/E 08/08/2 | - | | | | Director X_Officer (give below) EVP & Ch | | Owner r (specify fficer | |
| ROILD | (Street) | | 4 If Ame | ndmont D | ate Original | I | | 6. Individual or Jo | int/Group Filin | g(Chaolr | |
| | (Sireer) | | | nth/Day/Yea | - | L | | Applicable Line) _X_ Form filed by C | One Reporting Per | rson | |
| NORTHBR | ROOK, IL 60062 | | | | | | | Form filed by M Person | lore than One Re | porting | |
| (City) | (State) | (Zip) | Tabl | le I - Non-I | Derivative | Securi | ties Acqu | uired, Disposed of | , or Beneficial | ly Owned | |
| 1.Title of Security (Instr. 3) | (Month/Day/Year) Execution Date, if | | Code (Instr. 3, 4 and 5) | | | | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | Code V | Amount | (D) | Price | (Instr. 3 and 4) | | | |
| Common Stock | 08/08/2016 | | | М | 15,571 | А | \$ 62.24 | 102,959 | D | | |
| Common Stock | 08/08/2016 | | | М | 25,763 | А | \$ 48.82 | 128,722 | D | | |
| Common Stock | 08/08/2016 | | | S | 41,334 | D | \$ 68.86 (1) | 87,388 | D | | |
| Common Stock | | | | | | | | 7,503 | Ι | By 401(k) Plan | |

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactic Code (Instr. 8) | 5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|---|---|--|--|--------|--|--------------------|---|-------------------------------------|
| | | | | Code V | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Employee Stock Option (Right to Buy) | \$ 62.24 | 08/08/2016 | | М | | 15,571 | 02/20/2011 | 02/20/2017 | Common Stock | 15,571 |
| Employee Stock Option (Right to Buy) | \$ 48.82 | 08/08/2016 | | М | | 25,763 | 02/26/2012 | 02/26/2018 | Common Stock | 25,763 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | |
|--|---------------|-----------|----------------------------------|-------|--|--|--|
| i g | Director | 10% Owner | Officer | Other | | | |
| Shebik Steven E C/O THE ALLSTATE CORPORATION 2775 SANDERS ROAD NORTHBROOK, IL 60062 | | | EVP & Ch Financial Officer | nief | | | |
| Signatures | | | | | | | |

nynatures

/s/ Steven E. 08/10/2016 Shebik

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reflects weighted average sale price for open-market sales transaction reported herein. Actual sale prices ranged from \$68.71 to \$69.06.
 (1) The reporting person provided the issuer, and will provide any security holder of The Allstate Corporation or member of the SEC staff, full information regarding the number of shares sold at each separate price upon request.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.