JONES DAVID Form 5 July 15, 2011

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0362

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

Expires: January 31, 2005

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 1.0

See Instruction
1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
Reported

Form 4 Transactions Reported 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer JONES DAVID Symbol **GOLDEN ENTERPRISES INC** (Check all applicable) [GLDC] (Middle) 3. Statement for Issuer's Fiscal Year Ended (Last) (First) _X_ Director 10% Owner _X_ Officer (give title Other (specify (Month/Day/Year) below) below) 06/03/2011 **Executive VP of Operations** ONE GOLDEN FLAKE DRIVE (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year)

BIRMINGHAM, ALÂ 35205

X Form Filed by One Reporting Person ____ Form Filed by More than One Reporting

(check applicable line)

Persor

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Amount	or (D)	Price	4)				
Common Stock (1)	06/15/2010	06/15/2010	L	14.4201	A	\$ 3.19	0 (3)	D	Â		
Common Stock (1)	07/20/2010	07/20/2010	L	13.9394	A	\$ 3.3	0 (3)	D	Â		
Common Stock (1)	08/11/2010	08/11/2010	L	0.4361	A	\$ 3.05	0 (3)	D	Â		
Common Stock (1)	08/17/2010	08/17/2010	L	14.1975	A	\$ 3.24	0 (3)	D	Â		

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Common Stock (1)	09/21/2010	09/21/2010	L	13.2565	A	\$ 3.47	0 (3)	D	Â
Common Stock (1)	10/19/2010	10/19/2010	L	13.5454	A	\$ 3.396	0 (3)	D	Â
Common Stock (1)	10/27/2010	10/27/2010	L	0.6471	A	\$ 3.4	0 (3)	D	Â
Common Stock (1)	11/16/2010	11/16/2010	L	13.1805	A	\$ 3.49	0 (3)	D	Â
Common Stock (1)	12/21/2010	12/21/2010	L	13.6014	A	\$ 3.382	0 (3)	D	Â
Common Stock (1)	01/18/2011	01/18/2011	L	14.2415	A	\$ 3.23	0 (3)	D	Â
Common Stock (1)	01/26/2011	01/26/2011	L	1.0909	A	\$ 3.19	0 (3)	D	Â
Common Stock (1)	02/15/2011	02/15/2011	L	14.6404	A	\$ 3.14	0 (3)	D	Â
Common Stock (1)	03/05/2011	03/05/2011	L	14.9482	A	\$ 3.077	0 (3)	D	Â
Common Stock (1)	04/19/2011	04/19/2011	L	13.9433	A	\$ 3.299	0 (3)	D	Â
Common Stock (1)	04/27/2011	04/27/2011	L	1.5524	A	\$ 3.15	0 (3)	D	Â
Common Stock (1)	05/17/2011	05/17/2011	L	13.8554	A	\$ 3.32	1,188	D	Â
Common Stock	Â	Â	Â	Â	Â	Â	5,231,128	I (1)	By SYB, Inc.
Common Stock	Â	Â	Â	Â	Â	Â	600,279	I (1)	By Testamentary Marital Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9.
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration Date	Amount of	Derivative	of
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	D
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative		Securities	(Instr. 5)	Se
	Derivative				Securities	3	(Instr. 3 and 4)		В
	Security				Acquired				О
					(A) or				Eı
					Disposed				Is

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of (D) (Instr. 3, 4, and 5)

(A) (D) Date Expiration Title Amount Exercisable Date or Number of Shares

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

JONES DAVID

ONE GOLDEN FLAKE DRIVE Â X Â Â Executive VP of Operations Â

BIRMINGHAM, ALÂ 35205

Signatures

/s/ David A.
Jones 07/15/2011

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Purchases are part of automatic investment program of \$46 per month and reinvestment of dividends in Golden Enterprises, Inc. Common Stock.
 - As a Company Director, Mr. Jones will serve on the Voting Committee created under the Last Will and Testament/Trusts and SYB, Inc. Common Stock Trust created by Sloan Y. Bashinsky, Sr. ("Mr. Bashinsky"). The Voting Committee, presently made up of eight members (seven members of the Issuer's Board of Directors and one member selected by the Personal Representatives and Trustees of Mr.
- Bashinsky's Estate/Trusts, votes the shares of Issuer's stock owned by the Marital Trust created by the Last Will and Testament of Mr. Bashinsky ("Testamentary Trust") (1,600,279 Shares) and the shares owned by SYB, Inc. (5,231,128 Shares). Mr. Jones disclaims beneficial ownership of such Shares. The Voting Committee has previously executed a Schedule 13D on behalf of a Voting Group of the Testamentary Trust and the SYB, Inc. Common Stock Trust.
- (3) Total number of shares owned at end of year is shown after last purchase.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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