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AMERICAN EQUITY INVESTMENT LIFE HOLDING CO

Form 5

February 11, 2008

FORM	15							OMB A	PPROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB Number:	3235-0362	
Check this		W	Washington, D.C. 20549						January 31, 2005	
to Section Form 4 or 5 obligation may conti See Instru	116. Form ANN ons inue. ction	OWNE	ATEMENT OF CHANGES IN BENEF OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange A					Estimated average burden hours per response 1		
1(b). Form 3 H Reported Form 4 Transactic Reported	oldings Section 17(a) of the Public 1		g Compa	ny A	ct of	1935 or Section	on		
	Address of Reporting F WENDY L	Symbol AMEI INVE	2. Issuer Name and Ticker or Trading Symbol AMERICAN EQUITY INVESTMENT LIFE HOLDING				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (N	iddle) 3. State (Month)	(Month/Day/Vear) below)				X_ Officer (giv below)	10% Owner te title Other (specify below) & General Counsel		
5000 WEST SUITE 440	TOWN PARKWA		2007							
			If Amendment, Date Original iled(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)			
WEST DES	S MOINES, IAÂ	50266					_X_ Form Filed by Form Filed by Person	One Reporting P More than One R		
(City)	(State)	Zip) Ta	ble I - Non-Deri	vative Sec	uritie	s Acqu	ired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code	Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
				Amount	(A) or (D)	Price	Fiscal Year (Instr. 3 and 4)			
Common Stock	Â	Â	Â	Â	Â	Â	98,125	D	Â	
	port on a separate line ficially owned directly		contained in	n this for	m are	not re	llection of info equired to resp alid OMB contro	ond unless	SEC 2270 (9-02)	

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Number		5		7. Title and Amoun Underlying Securiti (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Options-Right to Buy	\$ 10.77	Â	Â	Â	Â	Â	06/30/2005	12/31/2014	Common Stock	20,0
Options-Right to Buy	\$ 11	Â	Â	Â	Â	Â	06/10/2004	06/10/2014	Common Stock	20,0
Options-Right to Buy	\$ 9	Â	Â	Â	Â	Â	12/04/2003	12/04/2013	Common Stock	20,0
Options-Right to Buy	\$ 9.67	Â	Â	Â	Â	Â	12/29/2000	12/29/2010	Common Stock	30,0
Options-Right to Buy	\$ 9.67	Â	Â	Â	Â	Â	05/05/2000	05/05/2010	Common Stock	15,0
Options-Right to Buy	\$ 7.33	Â	Â	Â	Â	Â	06/07/1999	06/07/2009	Common Stock	52,5

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
CARLSON WENDY L 5000 WESTOWN PARKWAY, SUITE 440 WEST DES MOINES, IA 50266	Â	Â	CFO & General Counsel	Â			

Signatures

Debra J. Richardson, by Power of Attorney 02/11/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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