#### Edgar Filing: HILTON ROBERT L - Form 5

HILTON RC Form 5 February 12,											
FORM 5							OMB APPROVAL				
	RITIES AN	D EXCH	IANG	E CO	OMMISSION	OMB Number:	3235-0362				
Check this	shington, D.C. 20549					Expires:	January 31,				
Tohin Tohin			ENT OF CHANGES IN BENEFICIAL RSHIP OF SECURITIES					Estimated a burden hou response	irs per		
1(b).Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or SectionReportedForm 430(h) of the Investment Company Act of 1940TransactionsReported											
HILTON ROBERT L Symbol AMER INVES			Name <b>and</b> Ticker or Trading ICAN EQUITY TMENT LIFE HOLDING				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (M	fiddle) 3. Staten (Month/I	CO [AEL] 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)				X_Director10% Owner Officer (give titleOther (specify below) below)				
12/31/2008 5000 WESTOWN PARKWAY, SUITE 440											
			endment, Date Original 6. In nth/Day/Year)					lividual or Joint/Group Reporting (check applicable line)			
WEST DES MOINES, IA 50266											
	_X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person										
(City)	(State)	(Zip) Tab	le I - Non-Deri	vative Sec	urities	s Acqu	ired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Securities Beneficially Owned at end of Issuer's	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Amount	(A) or mount (D) Pric		Fiscal Year (Instr. 3 and 4)				
Common Stock	Â	Â	Â	Â	Â	Â	26,000	D	Â		
Reminder: Rep securities benef	•						SEC 2270 (9-02)				

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)				ie	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options - Right to Buy	\$ 10.85	Â	Â	Â	Â	Â	06/11/2011	06/11/2018	Common Stock	10,000
Options - Right to Buy	\$ 10.77	Â	Â	Â	Â	Â	06/30/2005	12/31/2014	Common Stock	1,000
Options - Right to Buy	\$ 11	Â	Â	Â	Â	Â	06/10/2004	06/10/2014	Common Stock	1,000
Options - Right to Buy	\$9	Â	Â	Â	Â	Â	12/04/2003	12/04/2013	Common Stock	1,000

## **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships					
	Director	10% Owner	Officer	Other		
HILTON ROBERT L 5000 WESTOWN PARKWAY, SUITE 440 WEST DES MOINES, IA 50266	X	Â	Â	Â		
Signatures						

Debra J. Richardson, by Power of Attorney	02/12/2009		
**Signature of Reporting Person	Date		

## \*\*Signature of Reporting Person

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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