#### HILTON ROBERT L

Form 5

February 12, 2009

FORM									PPROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSI  Check this box if no longer subject  Washington, D.C. 20549							OMMISSION	OMB Number: Expires:	3235-0362 January 31,	
to Section Form 4 or 5 obligatio may contin	ENT OF CHANGES IN BEN RSHIP OF SECURITIES				EFICIAL	Estimated average burden hours per response 1.				
See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported Form 4 30(h) of the Investment Company Act of 1940 Transactions Reported										
1. Name and A	r Name <b>and</b> Ticker or Trading RICAN EQUITY STMENT LIFE HOLDING EL]				5. Relationship of Reporting Person(s) to Issuer					
					(Check all applicable)  _X_ Director10% Owner					
(Last)	(First) (M	(Month/I	(Month/Day/Year)			Officer (give below)		er (specify		
5000 WEST SUITE 440	OWN PARKWA	12/31/2 Y,	.008							
			endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Reporting  (check applicable line)			
WEST DES	MOINES, IAÂ	7:)					_X_ Form Filed by Form Filed by ! Person	More than One R	eporting	
		- I au				s Acqu	ired, Disposed o		-	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)  (A)			Beneficially Owned at end of Issuer's	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial Ownership (Instr. 4)	
				Amount	or (D)	Price	Fiscal Year (Instr. 3 and 4)			
Common Stock	Â	Â	Â	Â	Â	Â	26,000	D	Â	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.  Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.  SEC 2270  (9-02)										

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Dei Sec	Fitle of rivative curity str. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Number		6. Date Exercise Expiration Date (Month/Day/Yes)	e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 II S (
						(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
- R	otions Right Buy	\$ 10.85	Â	Â	Â	Â	Â	06/11/2011	06/11/2018	Common Stock	10,000	
- R	otions Right Buy	\$ 10.77	Â	Â	Â	Â	Â	06/30/2005	12/31/2014	Common Stock	1,000	
- R	otions Right Buy	\$ 11	Â	Â	Â	Â	Â	06/10/2004	06/10/2014	Common Stock	1,000	
- R	otions Right Buy	\$ 9	Â	Â	Â	Â	Â	12/04/2003	12/04/2013	Common Stock	1,000	

### **Reporting Owners**

Reporting Owner Name / Address	Relationships					
• 0	Director	10% Owner	Officer	Other		
HILTON ROBERT L 5000 WESTOWN PARKWAY, SUITE 440 WEST DES MOINES, IA 50266	ÂΧ	Â	Â	Â		

## **Signatures**

Debra J. Richardson, by Power of
Attorney

\*\*Signature of Reporting Person

Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2