FORBES CHRISTOPHER

Form 4

November 23, 2009

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

response...

3235-0287 January 31,

0.5

Check this box

if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Expires: 2005 Estimated average burden hours per

OMB APPROVAL

SECURITIES Form 4 or

Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(City)

Security

(Instr. 3)

(Print or Type Responses)

1. Name and Address of Reporting Person *

(Middle)

(Zip)

5. Relationship of Reporting Person(s) to

Symbol

SENESCO TECHNOLOGIES INC

(Check all applicable)

[SNT]

(Last) (First)

FORBES CHRISTOPHER

3. Date of Earliest Transaction

X Director Officer (give title

X 10% Owner Other (specify

303 GEORGE STREET, SUITE 420

(Street)

(State)

(Month/Day/Year)

(Month/Day/Year)

11/19/2009

6. Individual or Joint/Group Filing(Check

4. If Amendment, Date Original

Filed(Month/Day/Year) Applicable Line)

(A)

or

Code V Amount (D) Price

X Form filed by One Reporting Person Form filed by More than One Reporting

(I)

(Instr. 4)

Person

Issuer

below)

NEW BRUNSWICK, NJ 08901

2. Transaction Date 2A. Deemed 1.Title of

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 3. 4. Securities Execution Date, if TransactionAcquired (A) or

5. Amount of Securities Beneficially

Owned

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial

Code Disposed of (D) (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5)

Following Reported Transaction(s)

(Instr. 3 and 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Ownership

(Instr. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security

Conversion or Exercise

3. Transaction Date 3A. Deemed

(Month/Day/Year) Execution Date, if any

4. 5. Number of TransactionDerivative Code Securities

6. Date Exercisable and **Expiration Date** (Month/Day/Year)

7. Title and Amount of **Underlying Securities** (Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr.	8)	Acquired (or Dispose (D) (Instr. 3, 4 and 5)	ed of				
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Stock Option	\$ 0.65	05/06/2009		A		18,077 (1)		05/06/2009	05/06/2014	Common Stock	18,077
Common Stock Option	\$ 0.43	11/19/2009		A		48,718 (1)		11/19/2009	11/19/2014	Common Stock	48,718
Common Stock Option	\$ 0.43	11/19/2009		A		40,000 (2)		11/19/2009	11/19/2014	Common Stock	40,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
· · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other			
FORBES CHRISTOPHER 303 GEORGE STREET SUITE 420 NEW BRUNSWICK, NJ 08901	X	X					

Signatures

Christopher

Forbes 11/23/2009

**Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Such options were granted to Mr. Forbes in leiu of cash compensation under the Company's independent director compensation plan, with such options vesting on the date of grant.
- (2) One-half of such options vest on the date of grant and one-half of such options vest on 11-19-2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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