Edgar Filing: CAPITAL ONE FINANCIAL CORP - Form 4

CAPITAL O Form 4 April 04, 20	ЛЛ									OMB AF	PROVAL	_
	UNITED	STATES						NGE C	OMMISSION	OMB Number:	3235-0	287
Check the check	ger	washington, D.C. 20549								Expires:	January	
subject t Section Form 4	16.	STATEMENT OF CHANGES IN BENEFICIAL OWN SECURITIES								Estimated a burden hour response	verage	005 0.5
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type	Responses)											
	Address of Reporting K RICHARD D	Person [*]	Symbol			Ticker or '		-	5. Relationship of Issuer	Reporting Pers	on(s) to	
			[COF]	CAPITAL ONE FINANCIAL CORP [COF]					(Check all applicable)			
			ate of Earliest Transaction onth/Day/Year)					X Director 10% Owner X Officer (give title Other (specify below) below)				
1680 CAPI	TAL ONE DRIV	E	04/02/2	2/2008					Chairman, CEO and President			
	(Street)		4. If Ame Filed(Mor			e Original			6. Individual or Jo Applicable Line) _X_ Form filed by O	ne Reporting Per	rson	
MCLEAN,	VA 22102								Form filed by M Person	ore than one Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non	1-De	erivative S	Securi	ties Acqu	iired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Transaction Date 2A. Deemed onth/Day/Year) Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired Transactior(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature Indirect Beneficia Ownersh (Instr. 4)	al ip
Common				Code	V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock (1)	04/02/2008			М		14,634	А	\$ 33.77	2,465,703	D		
Common Stock (1)	04/02/2008			S		100	D	\$ 52.65	2,465,603	D		
				S		200	D	\$	2,465,403	D		
Common Stock (1)	04/02/2008			~			D	52.81				
	04/02/2008 04/02/2008			S		100	D	52.81 \$ 52.84	2,465,303	D		

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Common Stock (1)	04/02/2008	S	100	D	\$ 52.86	2,465,103	D
Common Stock (1)	04/02/2008	S	200	D	\$ 52.89	2,464,903	D
Common Stock (1)	04/02/2008	S	200	D	\$ 52.9	2,464,703	D
Common Stock (1)	04/02/2008	S	200	D	\$ 52.91	2,464,503	D
Common Stock (1)	04/02/2008	S	100	D	\$ 52.92	2,464,403	D
Common Stock (1)	04/02/2008	S	200	D	\$ 52.94	2,464,203	D
Common Stock (1)	04/02/2008	S	300	D	\$ 52.97	2,463,903	D
Common Stock (1)	04/02/2008	S	500	D	\$ 52.98	2,463,403	D
Common Stock (1)	04/02/2008	S	100	D	\$ 52.99	2,463,303	D
Common Stock (1)	04/02/2008	S	300	D	\$ 53.01	2,463,003	D
Common Stock (1)	04/02/2008	S	100	D	\$ 53.02	2,462,903	D
Common Stock (1)	04/02/2008	S	300	D	\$ 53.03	2,462,603	D
Common Stock (1)	04/02/2008	S	100	D	\$ 53.04	2,462,503	D
Common Stock (1)	04/02/2008	S	200	D	\$ 53.05	2,462,303	D
Common Stock (1)	04/02/2008	S	100	D	\$ 53.06	2,462,203	D
Common Stock (1)	04/02/2008	S	100	D	\$ 53.07	2,462,103	D
Common Stock (1)	04/02/2008	S	134	D	\$ 53.09	2,461,969	D
Common Stock (1)	04/02/2008	S	100	D	\$ 53.11	2,461,869	D
Common Stock (1)	04/02/2008	S	300	D	\$ 53.12	2,461,569	D
Common Stock (1)	04/02/2008	S	300	D	\$ 53.13	2,461,269	D
	04/02/2008	S	200	D		2,461,069	D

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Common Stock (1)					\$ 53.15			
Common Stock (1)	04/02/2008	S	200	D	\$ 53.16	2,460,869	D	
Common Stock (1)	04/02/2008	S	100	D	\$ 53.18	2,460,769	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	TransactionDerivative Code Securities		Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (Right to Buy)	\$ 33.77	04/02/2008		М	14,634	(2)	06/10/2008	COF	14,634	9

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
FAIRBANK RICHARD D 1680 CAPITAL ONE DRIVE	Х		Chairman, CEO and				
MCLEAN, VA 22102	21		President				

Signatures

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank

**Signature of Reporting Person

04/04/2008

Date

Explanation of Responses:

If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) This option was subject to and received stockholder approval on April 29, 1999, and the performance-based vesting criteria of the option was satisfied on September 11, 2000, the date on which the fair market value of the common stock reached and remained at or above \$58.33 for at least ten trading days in any 30 calendar-day period. This requirement had to be satisfied on or before June 11, 2001.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.