CAPITAL ONE FINANCIAL CORP

Form 4 April 08, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

5. Relationship of Reporting Person(s) to

3235-0287

Expires:

January 31, 2005

0.5

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OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

See Instruction

FAIRBANK RICHARD D			Symbol CAPITAL ONE FINANCIAL CORP				CORP	Issuer					
				[COF]						(Check all applicable)			
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 04/04/2008						X Director 10% Owner X Officer (give title Other (specify below) below) Chairman, CEO and President				
(Street) MCLEAN, VA 22102				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person				
	(City)	(State)	(Zip)	Table	e I - No	n-D	erivative :	Secur	ities Acqı	uired, Disposed of	f, or Beneficial	ly Owned	
	1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	med on Date, if Day/Year)	Code (Instr.	8)	4. Securin(A) or Di (Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
	Common Stock (1) (2)	04/04/2008			S		100	D	\$ 52.5	2,452,669	D		
	Common Stock (1)	04/04/2008			S		100	D	\$ 52.56	2,452,569	D		
	Common Stock (1)	04/04/2008			S		100	D	\$ 52.62	2,452,469	D		
	Common Stock (1)	04/04/2008			S		100	D	\$ 52.63	2,452,369	D		
	Common Stock (1)	04/04/2008			S		100	D	\$ 52.65	2,452,269	D		

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Common Stock (1)	04/04/2008	S	200	D	\$ 52.67	2,452,069	D	
Common Stock (1)	04/04/2008	S	100	D	\$ 52.72	2,451,969	D	
Common Stock (1)	04/04/2008	S	200	D	\$ 52.76	2,451,769	D	
Common Stock (1)	04/04/2008	S	500	D	\$ 52.82	2,451,269	D	
Common Stock (1)	04/04/2008	S	100	D	\$ 52.94	2,451,169	D	
Common Stock (1)	04/04/2008	S	100	D	\$ 53.22	2,451,069	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transaction	5. orNumber	6. Date Exerc Expiration D		7. Title a		8. Price of Derivative	9. Nu Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ing	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
								A	mount		
						ъ.	E	0:	r		
						Date	Expiration	Title N	lumber		
						Exercisable	Date	0	f		
				Code V	(A) (D)			S	hares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
<u>.</u>	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D 1680 CAPITAL ONE DRIVE	X		Chairman, CEO and					

Reporting Owners 2

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MCLEAN, VA 22102 President

Signatures

/s/ Jean K. Traub (POA) on file for Richard D. Fairbank

04/08/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Remarks:

"Form 4 of 4"

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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