### ONE LIBERTY PROPERTIES INC

Form 4

Common

Common

Stock

Stock

February 28,	2006											
<b>FORM</b>	1 4									OMB APPROVAL		
	UNITEDS	Washington, D.C. 20549							OMB Number:	3235-0287		
Check thi if no long	er								Expires:	January 31, 2005		
subject to Section 10 Form 4 or	6.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES b								average irs per		
Form 5 obligation may continued to the second secon	sinue. Section 17(a	) of the l	Public Ut		ing Com	pany	Act o	ge Act of 1934, of 1935 or Section 40	on			
(Print or Type R	Responses)											
KALISH DAVID Symbol			Symbol	Name and				5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)				
		ONE LI [OLP]			PROPER	TIES	SINC					
(Last)				te of Earliest Transaction th/Day/Year)				Director 10% Owner X Officer (give title Other (specify below)				
60 CUTTER 303	R MILL ROAD, S	UITE	09/06/20	005				· · · · · · · · · · · · · · · · · · ·	ice President			
	(Street)			ndment, Dat th/Day/Year)	_			6. Individual or J Applicable Line) _X_ Form filed by	One Reporting Po	erson		
GREAT NE	CK, NY 11021							Form filed by l	More than One R	eporting		
(City)	(State) (2	Zip)	Table	e I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned		
(Instr. 3) any		Execution any	med on Date, if Day/Year)	3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)				Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				
Common Stock	02/24/2006			A	3,000	A	\$0	42,775 (1)	D			
Common Stock								2,750	I	By IRA and profit sharing		

plan

trusts

174,651 (2) I

I

361 <u>(3)</u>

By pension

By spouse

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	isable and	7. Titl	e and	8. Price of	9
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration Da	nte	Amou	nt of	Derivative	]
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	5
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)	]
	Derivative				Securities			(Instr.	3 and 4)		(
	Security				Acquired						J
					(A) or						J
					Disposed						-
					of (D)						(
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration	m: 1	or		
						Exercisable Date	Title				
									of		
				Code V	(A) (D)				Shares		

# **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

KALISH DAVID 60 CUTTER MILL ROAD SUITE 303 GREAT NECK, NY 11021

Vice President

### **Signatures**

David W. Kalish 02/24/2006

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The 3,000 shares were awarded to reporting person under the 2003 Incentive Plan. The vesting date is February 23, 2011. The award is exempt from Section 16(b) under Rule 16(b)-3.
- Reporting person, as a trustee of three pension trusts and a profit sharing trust, indirectly owns 16,356 share of common stock of issuer in one pension trust, 154,695 shares of common stock of issuer in a second pension trust, and in a profit sharing trust for the same entity, and 3,510 share of common stock of issuer in a third pension trust.
- (3) Column 5 includes shares acquired through issuer's dividend reinvestment plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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