GOULD JEFFREY

Form 4

January 18, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

January 31, Expires:

OMB APPROVAL

2005

0.5

Estimated average burden hours per

5. Relationship of Reporting Person(s) to

Issuer

13,977 (3) (4)

response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

2. Issuer Name and Ticker or Trading

ONE LIBERTY PROPERTIES INC

30(h) of the Investment Company Act of 1940 See Instruction

Symbol

1(b).

stock

(Print or Type Responses)

GOULD JEFFREY

1. Name and Address of Reporting Person *

			[OLP]					(Check all applicable)				
(Last) 60 CUTTEI 303	3. Date of Earliest Transaction (Month/Day/Year) 01/16/2012					_X_ Director 10% Owner _X_ Officer (give title Other (specify below) below) SENIOR VICE PRESIDENT						
	(Street)		4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check				
	Filed(Month/Day/Year)							Applicable Line) _X_ Form filed by One Reporting Person				
GREAT NE	ECK, NY 11021								y More than One			
(City)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)	any		med on Date, if Day/Year)	or		(A) of (D) 4 and (A)))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	01/16/2012			A	7,400 (1)	A	\$ 0	206,509 (2)	D			
Common Stock								12,796 <u>(3)</u>	I	As custodian for minor children		
Common								13 977 (3) (4)	ī	Ву		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

foundation

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4.	5. onNumber	6. Date Exerc Expiration D		7. Titl		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(Month/Day/Tear)	any (Month/Day/Year)	Code (Instr. 8)	of (Month/D) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Under Securi	rlying	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

GOULD JEFFREY 60 CUTTER MILL ROAD, SUITE 303 GREAT NECK, NY 11021

X

SENIOR VICE PRESIDENT

Signatures

Jeffrey Alan 01/16/2012 Gould

**Signature of Reporting Person

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These shares were issued as restricted stock effective as of January 16, 2012, under the issuer's 2009 Incentive Plan. The shares vest **(1)** January 15, 2017. The award is exempt from Section 16(b) under Rule 16b-3(d)(1).
- (2) Includes shares in reporting person's Keogh account. Includes shares obtained through issuer's dividend reinvestment plan.
- (3) Reporting person disclaims any beneficial interest in these shares. Includes shares obtained through issuer's dividend reinvestment plan.
- (4) These shares are owned by a charitable foundation of which reporting person is a director.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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