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BIENTJES JOHN H Form 144 August 12, 2005

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

ATTENTION: TRANSMIT FOR FILING 3 COPIES OF THIS FORM CONCURRENTLY WITH EITHER PLACING AN ORDER WITH A BROKER TO EXECUTE A SALE OR EXECUTING A SALE DIRECTLY WITH A MARKET MAKER.

1(a) NAME OF ISS Flexible So	SUER (Please typological substitutions Internated			(b) IRS IDENT. NO. 911922863	(c) S.E.C. 001-315
(d) ADDRESS OF	ISSUER	STREET	C	ITY STATE	ZIP CC
		615 Discovery S	Street, Victoria	a BC V8T 5G4 CANADA	
	RSON FOR WHOSE ARE TO BE SOLD	·) I.R.S. NO.	(c) RELATIONSHIP TO ISSUER	(d) ADDRESS
John H. Bie	entjes		None	Director	#1-230 W
	the SEC File Nu	umber		issuer to obtain the	
Title of the Class of Securities To Be Sold	Name and ss Each Brown the State of the Market Mark	d Address of oker Through Securities Are ered or Each aker who is	SEC USE ONLY Broker- Dealer	Number of Shares or Other Units To Be Sold (See instr. 3(c))	Aggregate M
Common Stock	Pacific Int'l 1900-666 Burn Vancouver, F	BC Canada	nc.	5,000	\$21,500
Number of Shares or Other Units Outstanding (See instr. 3(e))	Approximate Da Sale (See instr. (MO. DAY		ame of Each Sect Exchange (See instr. 3		

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12,831,316	8/16/05	NASDAQ, AMEX	

INSTRUCTIONS:

- 1. (a) Name of issuer.
 - (b) Issuer's IRS Identification Number.
 - (c) Issuer's SEC file number, if any.
 - (d) Issuer's address, including zip code.
 - (e) Issuer's telephone number, including area code.
- 2. (a) Name of person for whose account the securities are to be sold.
 - (b) Such person's or I.R.S. Identification number, if such a person is an entity.
 - (c) Such person's relationship to the issuer (e.g., officer, director, 10 percent stockhol or member of immediate family of any of the foregoing).
 - (d) Such person's address, including zip code.
- 3. (a) Title of the class of securities to be sold
 - (b) Name and address of each broker through whom the securities are intended to be sold.
 - (c) Number of shares or other units to be sold (if debt securities, give the aggregate fac
 - (d) Aggregate market value of the securities to be sold as of a specified date within 10 d to the filing of this notice.
 - (e) Number of shares or other units of the class outstanding, or if debt securities the fathereof outstanding, as shown by the most recent report or statement published by the
 - (f) Approximate date on which the securities are to be sold.
 - (g) Name of each securities exchange, if any, on which the securities are intended to be s

TABLE I--SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of the Class	Date You Acquired	Nature of Acquisition Transaction	Name of Person From Whom Acquired (If Gift, Also Give Date Donor Acquired)	Amount of Securities Acquired
Common Stock	8-27-1998	Purchase	Flexible Solutions International, Inc.	80,000

INSTRUCTIONS:

If the securities were purchased and full payment therefore was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

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Furnish The Following Information as to All Securities of The Issuer Sold During The Past Three Months By The Person For Whose Account The Securities Are To Be Sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	A Se
none			

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the issuer of the securities to be sold which has not been publicly disclosed.

August 12, 2005	/s/ JOHN H. BIENTJES
(DATE OF NOTICE)	(SIGNATURE)

The notice shall be signed by the persons for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: INTERNATIONAL MISSTATEMENTS OR OMISSION OF FACTS CONSTITUTE FEDERAL CRIMINAL VIOLATIONS (SEE 18 U.S.C. 1001).