REID CAROL L

Form 4

November 02, 2004

OMB APPROVAL FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION **OMB** Washington, D.C. 20549 Number: Check this box Expires: if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Estimated average **SECURITIES** Section 16. burden hours per Form 4 or response... Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

Symbol

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

(Print or Type Responses)

REID CAROL L

1. Name and Address of Reporting Person *

1(b).

See Instruction

		AVID '	AVID TECHNOLOGY INC [AVID]			(Check all applicable)				
(Last) 12 DURHA	, ,	(Month/l	3. Date of Earliest Transaction (Month/Day/Year) 10/29/2004				Director 10% Owner X Officer (give title Other (specify below)			
ANDOVER	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	Pelson Pelson						lv Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	e 2A. Deemed	3. Transaction Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ties A ispose	cquired d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of	
Common Stock	10/29/2004		M	1,250	A	\$ 12.8	2,525	D		
Common Stock	10/29/2004		M	1,250	A	\$ 14.13	3,775	D		
Common Stock	10/29/2004		M	742	A	\$ 22.01	4,517	D		
Common Stock	10/29/2004		M	1,250	A	\$ 21.17	5,767	D		
Common Stock	10/29/2004		M	508	A	\$ 22.01	6,275	D		

3235-0287

January 31,

5. Relationship of Reporting Person(s) to

Issuer

2005

0.5

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Common Stock	10/29/2004	M	1,417	A	\$ 42.91	7,692	D
Common Stock	10/29/2004	S	217	D	\$ 52.89	7,475	D
Common Stock	10/29/2004	S	1,000	D	\$ 52.85	6,475	D
Common Stock	10/29/2004	S	5,200	D	\$ 52.8	1,275	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and An Underlying Sec (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title N	
Incentive Stock Option (right to buy)	\$ 12.8	10/29/2004		M	1,250	10/17/2001(1)	04/17/2011	Common Stock	
Incentive Stock Option (right to buy)	\$ 14.13	10/29/2004		M	1,250	09/06/2002(1)	03/06/2012	Common Stock	
Incentive Stock Option (right to buy)	\$ 22.01	10/29/2004		M	742	07/10/2003(1)	01/10/2013	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 21.17	10/29/2004		M	1,250	07/13/2003(1)	01/13/2013	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.01	10/29/2004		M	508	07/10/2003(1)	01/10/2013	Common Stock	
	\$ 42.91	10/29/2004		M	1,417	08/10/2004(1)	02/10/2014		

Non-Qualified Stock Option (right to buy) Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships

Director 10% Owner Officer Other

REID CAROL L VP &
12 DURHAM DRIVE Corporate
ANDOVER, MA 01810 Controller

Signatures

Carol L. Reid 11/02/2004

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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