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MCCULLOUG Form 4 December 19, 2 FORM Check this b if no longer subject to Section 16. Form 4 or Form 5 obligations may continue <i>See</i> Instruction 1(b).	4 UNITED STA DOX STATEMEN Filed pursuan Section 17(a) o	Was	hington, GES IN 1 SECUR 5(a) of the ility Hold	D.C. 205 BENEFI ITIES e Securiti ling Com	C IAI CIAI es Ex pany	COWN change Act of	Act of 1934, 1935 or Section	OMB Number: Expires: Estimated a burden hour response		
(Print or Type Resp	ponses)									
MCCULLOUGH R MICHAEL Symbol				Ticker or T MOTIVI		>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (Middl	Earliest Transaction ay/Year)				Director10% Owner0fficer (give titleX Other (specify				
8270 GREENSBORO DRIVE 12/16/			-				below)	below) Trustee		
MCLEAN, VA	(Street)		ndment, Da th/Day/Year)	-			6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by M	ne Reporting Per	son	
(City)	(State) (Zip)) Tabl	L - Non-D	orivativo S	ocurit		Person	or Bonoficiall	v Owned	
1.Title of 2 Security (1 (Instr. 3)	2. Transaction Date 2. Month/Day/Year) Exam	A. Deemed xecution Date, if	3. Transactio Code (Instr. 8)	4. Securiti or(A) or Dis (Instr. 3, 4 Amount	ies Ac sposed	quired of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Common Shares of Beneficial Interest	2/16/2005		М	15,000 (1)	A	\$ 38.75	0	D		
Common Shares of Beneficial Interest	2/16/2005		U <u>(2)</u>	16,000 (<u>3)</u>	D	\$ 38.75	0	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	orDeriv Secur Acqu or Di (D)	rities iired (A) sposed of : 3, 4,	6. Date Exer Expiration D (Month/Day,	ate	7. Title and A Underlying So (Instr. 3 and 4	ecurities	8. D S(
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Options for Common Shares of Beneficial Interest	(1)	12/16/2005		М		15,000	<u>(1)</u>	<u>(1)</u>	Common Shares of Beneficial Interest	15,000	

Reporting Owners

Reporting Owner Name / Address	Director	10% Owner	Officer	Other
MCCULLOUGH R MICHAEL 8270 GREENSBORO DRIVE MCLEAN, VA 22102				Trustee
Signatures				
/s/ Catherine Potter POA for R. M McCullough	lichael		12/	/19/2005
<u>**</u> Signature of Reporting Perso	on			Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

These options have vested and expired because of a change of control event as required by the Trustee Formula Option stipulated in the Capital Automotive Group Second Amended and Restated 1998 Equity Incentive Plan. These options had a variety of exercise prices as (1)

- (1) shown below: 5,000 Exercise Price of \$22.9800 5,000 Exercise Price of \$33.8600 5,000 Exercise Price of \$33.4000 with an average of exercise price of \$30.08
- (2) These shares were disposed of pursuant to the consummation of the merger between Capital Automotive REIT and entities affiliated with DRA Advisors, LLC.
- (3) This total amount of common shares includes the 15,000 options referenced above that vested upon the change of control transaction.

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.