CITIZENS INC Form 5

January 26, 2009

FORM 5

OMB APPROVAL

OMB

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Number: January 31, Expires: 2005

3235-0362

no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box if

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 1.0

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4

Transactions Reported

1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer Carson Larry E Symbol CITIZENS INC [CIA] (Check all applicable) (Last) (First) (Middle) 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) Director 10% Owner Other (specify X _ Officer (give title 12/31/2008 below) below) 400 EAST ANDERSON LANE VP, Financial Reporting & Tax (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line)

AUSTIN. TXÂ 78752

X Form Filed by One Reporting Person Form Filed by More than One Reporting Person

(City)	(State)	(Zip) Tab	le I - Non-Dei	rivative Secu	ırities	Acquir	ed, Disposed of,	or Beneficially	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A)		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Amount	or (D)	Price	(Instr. 3 and 4)	(Instr. 4)	
Citizens, Inc. Class A Common Stock (1)	02/05/2008	Â	L	33.2897		\$ 5.98	1,030.929	D	Â
Citizens, Inc. Class A Common Stock (1)	02/29/2008	Â	L	34.9334	A	\$ 5.7	1,065.8624	D	Â

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Citizens, Inc. Class A Common Stock (1)	03/31/2008	Â	L	28.3203	A	\$ 7.03	1,094.1827	D	Â
Citizens, Inc. Class A Common Stock (1)	05/02/2008	Â	L	27.7353	A	\$ 7.18	1,121.918	D	Â
Citizens, Inc. Class A Common Stock (1)	05/30/2008	Â	L	30.7894	A	\$ 6.47	1,152.7074	D	Â
Citizens, Inc. Class A Common Stock (1)	07/07/2008	Â	L	32.5328	A	\$ 6.12	1,185.2402	D	Â
Citizens, Inc. Class A Common Stock (1)	08/01/2008	Â	L	26.7645	A	\$ 7.44	1,212.0047	D	Â
Citizens, Inc. Class A Common Stock (1)	08/29/2008	Â	L	27.4648	A	\$ 7.25	1,239.4695	D	Â
Citizens, Inc. Class A Common Stock (1)	10/06/2008	Â	L	24.2843	A	\$ 8.21	1,263.7538	D	Â
Citizens, Inc. Class A Common Stock (1)	10/31/2008	Â	L	23.4926	A	\$ 8.48	1,287.2464	D	Â
Citizens, Inc. Class A Common Stock (1)	11/28/2008	Â	L	21.8541	A	\$ 9.12	1,309.1005	D	Â

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative	6. Date Exerc Expiration Day/ (Month/Day/	ate	7. Title Amount Underly Securities	t of ying	8. Price of Derivative Security (Instr. 5)	
	Derivative Security			Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			(Instr. 3	3 and 4)		
				(A) (D)	Date Exercisable	Expiration Date	Title N	Number		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Carson Larry E 400 EAST ANDERSON LANE AUSTIN, TX 78752	Â	Â	VP, Financial Reporting & Tax	Â			

Signatures

/s/Larry E. Carson	01/26/2009			
**Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were purchased through the Citizens Stock Investment Plan as part of regular monthly payroll deduction.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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