RILEY RAY A Form 4

September 22, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

3235-0287 Number: January 31, Expires:

2005

Section 16. Form 4 or Form 5

obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Estimated average burden hours per 0.5 response...

may continue. See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * RILEY RAY A			2. Issuer Name Symbol CITIZENS IN	and Ticker or Trading IC [CIA]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earlies	st Transaction	(rr	,	
400 EAST .	ANDERSON 1	LANE	(Month/Day/Yea 09/20/2010	r)	Director _X_ Officer (give below) Execution	e title 0th below) ive Vice President	her (specify	
	(Street)		4. If Amendment	, Date Original	6. Individual or Jo	oint/Group Fili	ing(Check	
AUSTIN, T	X 78752		Filed(Month/Day/	Year)	Applicable Line) _X_ Form filed by O Form filed by M Person	1 0		
(City)	(State)	(Zip)	Table I - No	on-Derivative Securities Acc	quired, Disposed of	f, or Beneficia	ally Owned	
1.Title of	2. Transaction l	Date 2A. Deer	med 3.	4. Securities Acquired	5. Amount of	6.	7. Nature	

(City)	(State)	(Zip) Tabl	le I - Non-E	Derivative	Secui	rities Ac	quired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	(D) (Instr. 3,	4 and (A) or	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Citizens, Inc. Class A Common Stock (1)	09/20/2010		S	2,000	D	\$ 6.98	294,508.9433	D	
Citizens, Inc. Class A Common Stock (1)	09/20/2010		S	2,000	D	\$ 6.99	292,508.9433	D	
Citizens, Inc. Class	09/20/2010		S	2,000	D	\$ 7	290,508.9433	D	

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A Common Stock (1)							
Citizens, Inc. Class A Common Stock (1)	09/20/2010	S	4,000	D	\$ 7.08	286,508.9433	D
Citizens, Inc. Class A Common Stock (1)	09/20/2010	S	4,000	D	\$ 7.1	282,508.9433	D
Citizens, Inc. Class A Common Stock (1)	09/20/2010	S	4,000	D	\$ 7.14	278,508.9433	D
Citizens, Inc. Class A Common Stock (1)	09/21/2010	S	2,000	D	\$ 7.06	276,508.9433	D
Citizens, Inc. Class A Common Stock (1)	09/21/2010	S	4,000	D	\$ 7.03	272,508.9433	D
Citizens, Inc. Class A Common Stock (1)	09/21/2010	S	2,000	D	\$ 7.08	270,508.9433	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orNumber	Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	Securities	(Instr. 5)	Bene
	Derivative				Securities	S	(Instr. 3 and 4)		Own

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Security Acquired
(A) or
Disposed

of (D) (Instr. 3, 4, and 5)

Code V (A) (D) Date Expiration Title Amount

Exercisable Date

or Number of Shares Follo

Repo

Trans

(Insti

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

RILEY RAY A 400 EAST ANDERSON LANE AUSTIN, TX 78752

Executive Vice President

Signatures

/s/Ray A. Riley 09/22/2010
**Signature of Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was an open market sale.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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