Simonelli John Form 4 May 05, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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response...

if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * Simonelli John	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) t Issuer (Check all applicable)		
(Last) (First) (Middle)	Access Plans Inc [APNC] 3. Date of Earliest Transaction			
900 36TH AVENUE, SUITE 105	(Month/Day/Year) 04/05/2011	_X_ Director 10% Owner Officer (give title below) Other (specify below)		
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person		
NORMAN, OK 73072		Form filed by More than One Reporting Person		

(City)	(State) (Z	Table 1	I - Non-Dei	rivative Securities Acqu	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
			Code V	(A) or Amount (D) Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)
COMMON STOCK	04/05/2011	04/05/2011	A	5,000 A \$ 2.35	15,000	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Day (Month/Day/Y	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sl	
COMMON STOCK OPTIONS	\$ 1.1	03/01/2007	03/01/2007	A	50,000	03/01/2007	03/01/2012	COMMON STOCK OPTIONS	50,	
COMMON STOCK OPTIONS	\$ 1	05/13/2008	05/13/2008	A	10,000	05/13/2008	05/13/2013	COMMON STOCK OPTIONS	10,	
COMMON STOCK OPTIONS	\$ 0.7	05/21/2009	05/21/2009	A	25,000	05/21/2009	05/21/2014	COMMON STOCK OPTIONS	25,	
COMMON STOCK OPTIONS	\$ 1.09	02/09/2010	02/09/2010	A	5,000	02/09/2010	02/09/2015	COMMON STOCK OPTIONS	5,0	
COMMON STOCK OPTIONS	\$ 0.93	08/02/2010	08/02/2010	A	5,000	08/02/2010	08/02/2015	COMMON STOCK OPTIONS	5,0	

Reporting Owners

Reporting Owner Name / Address	Relationships				
1 0	Director	10% Owner	Officer	Other	
Simonelli John 900 36TH AVENUE SUITE 105 NORMAN, OK 73072	X				

Signatures

/S/ JOHN
SIMONELLI 05/05/2011

**Signature of Reporting Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Reporting Owners 2

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