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SWIFT ENERG Form 4 February 08, 20 FORM 4 Check this bo if no longer subject to Section 16. Form 4 or Form 5 obligations may continue <i>See</i> Instruction	07 4 UNITED STAT STATEMENT Filed pursuant for Section 17(a) of the Section 17(a) of the	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						OMB Number: Expires: Estimated at burden hour response	•	
1(b).										
(Print or Type Resp	oonses)									
WESSON DAVID W Symbol			Name and Ticker or Trading ENERGY CO [SFY]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle)		3. Date of Earliest Transaction			(Check	all applicable)	•		
(Month/Day16825 NORTHCHASE DRIVE,02/06/200SUITE 40002/06/200			n/Day/Year) /2007				Director 10% Owner Officer (give title Other (specify below) below) Controller			
HOUSTON, TZ	(Street)	4. If Amendm Filed(Month/D		original		A	5. Individual or Joi Applicable Line) _X_ Form filed by Ou Form filed by Mo	ne Reporting Per	son	
(City)	(State) (Zip)						Person			
	· · · · · ·					Acqui	ired, Disposed of,		-	
(Instr. 3)				Disposed (Instr. 3,	l (A) on l of (D) 4 and 5 (A) or) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
SFY Common Stock-401(k)			Code V	Amount	(D)	Price	2,579	I	401(k)	
SFY Cmmn Stock-ESOP Holding							1,070	I	ESOP Plan	
Swift Energy Common Stock							8,783 <u>(1)</u>	D		
Swift Energy Common Stock	02/06/2007		А	3,000	А	\$0	8,783	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number onof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 1 5 ()
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 43.48	02/06/2007	A	4,400	02/06/2008	02/06/2017	Swift Energy Common Stock	4,400	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
WESSON DAVID W 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060			Controller			
Signatures						
David W 02/08/2007 Wesson						

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects an additional 333 shares acquired on 12-29-06 under SFY's employee stock purchase plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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