#### **SWIFT ENERGY CO**

Form 4

February 18, 2014

## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB** 3235-0287

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Number: January 31,

2005

**OMB APPROVAL** 

Section 16. Form 4 or Form 5

**SECURITIES** 

Estimated average burden hours per response... 0.5

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Expires:

5. Relationship of Reporting Person(s) to

79,000

30,000

81 (1)

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1(b).

Stock-IRA

Holdings SFY Cmmn Stock-By

Other

Holdings

(Print or Type Responses)

1. Name and Address of Reporting Person \*

Tomberlin St	even L.	Symbol SWIFT	ENERGY CO [SFY]	(Check all applicable)							
(Last) 16825 NORT SUITE 400	(First) (M	(Month/D	)14	Director 10% Owner Officer (give title Other (specify below) Sr. VP, Resource Devel & Eng							
	(Street)		th/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person							
HOUSTON,	TX 77060			Form filed by More than One Reporting Person							
(City)	(State) (	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year		Code (Instr. 3, 4 and 5)	Ownership Indirect Beneficially Form: Beneficial Owned Direct (D) Ownership Following or Indirect (Instr. 4) Reported (I) Transaction(s) (Instr. 4) (Instr. 3 and 4)							
SFY Cmmn Stk-Family Member			(-)	2,000 I By children							
SFY Cmmn											

By IRA

By Family

Partnership

**ESOP** 

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SFY Cmmn Stock-ESOP Holding

SFY

Common  $1{,}184 \frac{(2)}{}$  I 401(k)

Stock-401(k)

Swift Energy

Common 02/13/2014 F 1,278 D \$ 73,211 D

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	isable and	7. Title	e and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	ionNumber	Expiration Da	ate	Amou	nt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ties	(Instr. 5)
	Derivative				Securities			(Instr.	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
									or	
						Date Expiration Exercisable Date	Expiration	Titla	Number	
							Date		of	
				Codo I	7 (A) (D)				Shares	
				Code V	I (A) (D)				Shares	

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Tomberlin Steven L. Sr. VP,
16825 NORTHCHASE DRIVE, SUITE 400 Resource
HOUSTON, TX 77060 Devel & Eng

**Signatures** 

Steven L. O2/17/2014 Tomberlin

\*\*Signature of Date
Reporting Person

Reporting Owners 2

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# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Based on statement dated 12/31/2011.
- (2) Based on statement dated 12/31/2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.