#### **SWIFT ENERGY CO**

Form 4

February 19, 2014

## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

**OMB APPROVAL** 

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Expires: January 31, 2005
Estimated average

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

**SECURITIES** 

burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

See Instruction

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

Other Holdings

(Print or Type Responses)

1. Name and Address of Reporting Person \*

Tomberlin Steven L.			Symbol SWIFT ENERGY CO [SFY]			Check all applicable)  Check all applicable)  Director 10% Owner  Officer (give title Other (specify below)  Sr. VP, Resource Devel & Eng				
(Last) (First) (Middle)  16825 NORTHCHASE DRIVE, SUITE 400			3. Date of Earliest Transaction (Month/Day/Year) 02/17/2014							
	HOUSTON, T	(Street)		4. If Amenda Filed(Month/		Original		6. Individual or Jo Applicable Line) _X_ Form filed by Form filed by ! Person	One Reporting	Person
	(City)	(State)	(Zip)	Table I	- Non-Der	ivative Sec	urities Acqu	iired, Disposed o	f, or Benefici	ally Owned
	1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Yo	ear) Execu any	Deemed ation Date, if th/Day/Year)	3. Transactic Code (Instr. 8)	4. Securition(A) or Dis (D) (Instr. 3, 4	sposed of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
	SFY Cmmn Stk-Family Member							2,000	I	By children
	SFY Cmmn Stock-IRA Holdings							79,000	I	By IRA
	SFY Cmmn Stock-By							30,000	I	By Family

Partnership

**ESOP** 

160 (1)

Ι

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SFY Cmmn Stock-ESOP Holding

**SFY** 

Common  $1,900^{(2)}$ I 401(k)

Stock-401(k)

Swift Energy

Common 02/17/2014 A D 15,400 A \$ 0 88,611

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Devel & Eng

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5.  onNumber of Derivative Securities Acquired (A) or Disposed of (D)		ate	Amou Under Securi	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(Instr. 3, 4, and 5)  (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

	Kelationships
Reporting Owner Name / Address	•

Officer Director 10% Owner Other Sr. VP, Tomberlin Steven L. 16825 NORTHCHASE DRIVE, SUITE 400 Resource

HOUSTON, TX 77060

**Signatures** 

Steven L. 02/19/2014 Tomberlin

\*\*Signature of Date Reporting Person

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## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Based on statement dated 12/31/2012.
- (2) Based on statement dated 12/31/2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.