Armour Residential REIT, Inc. Form 8-K July 01, 2016

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported)

July 1, 2016

ARMOUR Residential REIT, Inc.

(Exact Name of Registrant as Specified in Its Charter)

Maryland 001-34766 26-1908763

(State or Other Jurisdiction of Incorporation) (Commission File Number) (IRS Employer Identification No.)

3001 Ocean Drive, Suite 201 Vero Beach, Florida (Address of Principal Executive Offices) (Zip Code)

(Address of Fillicipal Executive Offices) (Zip Code)

(772) 617-4340

(Registrant's Telephone Number, Including Area Code)

n/a

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 8.01. Other Events.

On July 1, 2016, ARMOUR Residential REIT, Inc. ("ARMOUR") confirmed that a month cash dividend rate of \$0.22 per share will be payable to holders of ARMOUR common stock for the month of July 2016, as set forth below:

Holder of Record Date Payment Date

July 15, 2016 July 27, 2016

Additionally, ARMOUR confirmed on July 1, 2016 that monthly cash dividend rates of \$0.171875 and \$0.1640625 per share will be payable to holders of ARMOUR Series A Preferred Stock and Series B Preferred Stock, respectively, for each of the three months in the third quarter of 2016 as set forth below:

Holder of Record Date Payment Date

July 15, 2016 July 27, 2016 August 15, 2016 August 29, 2016 September 15, 2016 September 27, 2016

A copy of ARMOUR's press release confirming the common stock and preferred stock dividends is attached hereto as Exhibit 99.1 and incorporated herein by reference.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit No. Description

Press Release confirming the July 2016 common stock dividend, Series A Preferred Stock dividends and Series B Preferred Stock dividends, dated July 1, 2016

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: July 1, 2016

ARMOUR RESIDENTIAL REIT, INC.

By: /s/ James R. Mountain Name: James R. Mountain Title: Chief Financial Officer

Exhibit Index

Exhibit No. Description

Press Release confirming the July 2016 common stock dividend, Series A Preferred Stock dividends and Series B Preferred Stock dividends, dated July 1, 2016