Thompson Creek Metals Co Inc.

Form 4

Common

Common

Stock

Stock

August 30, 2013

FORM 4 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). See Instruction 1(b). Check this box Washington, D.C. 20549 Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								Number: 3235-0287 Expires: January 31, 2005 Estimated average burden hours per response 0.5			
(Print or Type R	esponses)										
1. Name and Ad Arsenault De	S T	2. Issuer Name and Ticker or Trading Symbol Thompson Creek Metals Co Inc. [TC]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) C/O THOMI COMPANY CREEK CIR	IETALS 0	3. Date of Earliest Transaction (Month/Day/Year) 08/29/2013					_X Director 10% Owner Officer (give title below) Other (specify below)				
LITTLETON	(Street) 4. If Amendment, Date Original Filed(Month/Day/Year) ON, CO 80120						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Date, if	3. Transaction Code (Instr. 8)	Disposed (Instr. 3,	(A) of (D) 4 and (A) or	9) 5) Price	Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	08/29/2013			S	2,500	D	\$ 3.8 (1)	106,861	D		
Common Stock								53,000	I	RRSP	

2,940

5,900

I

I

Spouse

Spouse

RRSP

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Insti

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Tit	le and	8. Price of	1
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumber		Expiration Date		Amount of		Derivative	
Security	or Exercise		any	Code	of			Underlying Securities (Instr. 3 and 4)		Security	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8) Derivativ					(Instr. 5)	į
	Derivative				Securities						
	Security				Acquired					1	
					(A) or						1
					Disposed						
					of (D)						
					(Instr. 3,						
					4, and 5)						
									A		
									Amount		
						Date Expiration Exercisable Date	Expiration		or		
							Title				
				~					of		
				Code \	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Arsenault Denis C C/O THOMPSONCREEK METALS COMPANY INC. 26 WEST DRY CREEK CIRCLE, SUITE 810 LITTLETON, CO 80120

X

Signatures

/s/ Wendy Cassity, as Attorney-in-Fact

08/30/2013

Date

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the conversion of \$4.00 Canadian dollars based on the Bank of Canada noon rate on August 29, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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