#### CONAGRA FOODS INC /DE/

Form 4 May 28, 2008

## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB Washington, D.C. 20549 Number:

Check this box if no longer subject to Section 16.

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: 2005
Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

Issuer

**OMB APPROVAL** 

3235-0287

January 31,

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

CONAGRA FOODS INC /DE/

Symbol

1(b).

(Print or Type Responses)

MESSEL SCOTT E

1. Name and Address of Reporting Person \*

				CONAC [CAG]	GRA FOC	DS INC	:/DE	/	(Chec	ck all applicable	<del>:</del> )
	(Last)  ONE CONA	(First)  GRA DRIVE	(Middle)	3. Date of (Month/D) 05/25/20	-	ansaction			DirectorX Officer (give below) SVP Treas		Owner er (specify eretary
				If Amendment, Date Original led(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
	OMAHA, N								Person	Aore than One Re	porting
	(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned
	1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year	Execution any	med on Date, if Day/Year)	3. Transaction Code (Instr. 8)	(Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
	Common Stock	05/25/2008			M	9,804	A	\$0	23,707	D	
	Common Stock	05/25/2008			D	9,804	D	\$ 23.38	13,903	D	
	Common Stock	05/25/2008			M	8,215	A	\$ 0	22,118	D	
	Common Stock	05/25/2008			F	2,584	D	\$ 23.38	19,534	D	
	Common Stock								2,826	I	By 401(k) Plan Trust

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**SEC 1474** 

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares
Share Equivalent Units	\$ 0 (1)	05/25/2008		M		8,215	05/25/2008	05/25/2008(1)	Common Stock	8,21.
Share Equivalent Units	\$ 0 (2)	05/25/2008		M		9,804	05/25/2008	05/25/2008(2)	Common Stock	9,80

## **Reporting Owners**

Reporting Owner Name / Address	Relationships

Director 10% Owner Officer Other

MESSEL SCOTT E

ONE CONAGRA DRIVE SVP Treasurer & Asst Secretary

**OMAHA, NE 68102** 

## **Signatures**

Colleen Batcheler, Attorney-in-fact 05/28/2008

\*\*Signature of Reporting Person Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The share equivalent units were granted on July 11, 2003, with a vesting date of May 25, 2008. Each unit represented the right to receive one share of company stock on the vesting date.

**(2)** 

Reporting Owners 2

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The share equivalent units were granted on July 11, 2003, with a vesting date of May 25, 2008, and include units from dividend equivalent reinvestment. Each unit was settled on a one-for-one basis in cash on the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.