SWIFT VIRGIL N Form 4

October 07, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** Form 4 or

> Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Form 5

obligations

may continue.

See Instruction

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading SWIFT VIRGIL N Issuer Symbol SWIFT ENERGY CO [SFY] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) _X__ Director 10% Owner Officer (give title _ Other (specify 16825 NORTHCHASE DRIVE, 10/05/2004 below) SUITE 400 4. If Amendment, Date Original (Street) 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

HOUSTON, TX 77060

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secu	rities Acq	uired, Disposed	of, or Benefici	ially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	10/05/2004	10/05/2004	Code V $S_{\underline{(1)}}$	Amount 50	(D)	Price \$ 25.11	164,635	D	
Common Stock	10/05/2004	10/05/2004	S <u>(1)</u>	850	D	\$ 25.1	163,785	D	
Common Stock	10/05/2004	10/05/2004	S <u>(1)</u>	125	D	\$ 25.09	163,660	D	
Common Stock	10/05/2004	10/05/2004	S <u>(1)</u>	600	D	\$ 25.04	163,060	D	
Common Stock	10/05/2004	10/05/2004	S <u>(1)</u>	175	D	\$ 25.02	162,885	D	

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Common Stock	10/05/2004	10/05/2004	S <u>(1)</u>	25	D	\$ 25.01	162,860	D	
Common Stock	10/05/2004	10/05/2004	S <u>(1)</u>	6,025	D	\$ 25	156,835	D	
Common Stock	10/05/2004	10/05/2004	S(2)	150	D	\$ 25.11	110,295	I	Family Partnership
Common Stock	10/05/2004	10/05/2004	S(2)	2,550	D	\$ 25.1	107,745	I	Family Partnership
Common Stock	10/05/2004	10/05/2004	S(2)	375	D	\$ 25.09	107,370	I	Family Partnership
Common Stock	10/05/2004	10/05/2004	S(2)	1,800	D	\$ 25.04	105,570	I	Family Partnership
Common Stock	10/05/2004	10/05/2004	S(2)	525	D	\$ 25.02	105,045	I	Family Partnership
Common Stock	10/05/2004	10/05/2004	S(2)	75	D	\$ 25.01	104,970	I	Family Partnership
Common Stock	10/05/2004	10/05/2004	S(2)	18,075	D	\$ 25	86,895	I	Family Partnership
Common Stock							8,955	I	by Family Member
Common Stock							6,121	I	held in IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secun Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SWIFT VIRGIL N 16825 NORTHCHASE DRIVE, SUITE 400 X HOUSTON, TX 77060

Signatures

Karen Bryant POA for Virgil N. Swift 10/07/2004

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on July 11, 2004.
- These shares were sold by VNS & CLS Partners Ltd., a Texas Limited Partnership, of which reporting person is the beneficial owner of 92.5% (110,445 shares) and disclaims beneficial ownership of 7.5% (8,955 shares) held by persons outside of the reporting person's immediate family. The partnership's sales were effected pursuant to a Rule 10b5-1 trading plan adopted by the limited partnership on July 11, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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