LOEN RAYMOND O

Form 4

October 08, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *LOEN RAYMOND O			2. Issuer Name and Ticker or Trading Symbol SWIFT ENERGY CO [SFY]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(eneck un applicable)				
			(Month/Day/Year)	Director 10% Owner				
16825 NORTHCHASE DRIVE,			10/06/2004	Officer (give titleX_ Other (specify				
SUITE 400				below) below) Director Emeritus				
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check				
HOUSTON, T	X 77060		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
110051011, 12177000				Person				

(City)	(State) (Zip) Table	e I - Non-D)erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock			Co uc ,	ranounc	(2)	77100	39,717	D	
Common Stock							2,809	I	IRA
Common Stock	10/06/2004	10/06/2004	S	900	D	\$ 24.99	72,537	I	By Family Member
Common Stock	10/06/2004	10/06/2004	S	2,400	D	\$ 24.98	70,137	I	By Family Member
Common Stock	10/06/2004	10/06/2004	S	1,900	D	\$ 24.96	68,237	I	By Family Member

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Common Stock	10/06/2004	10/06/2004	S	4,700	D	\$ 24.95	63,537	I	By Family Member
Common Stock	10/06/2004	10/06/2004	S	100	D	\$ 24.94	63,437	I	By Family Member
Common Stock							3,055	Ι	Family Member IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Instr.		5. mNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	ınt of rlying	8. Price of Derivative Security (Instr. 5)
				Code	V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LOEN RAYMOND O 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060

Director Emeritus

Signatures

RAYMOND O

LOEN 10/08/2004

**Signature of Date
Reporting Person

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.