SWIFT ENERGY CO

Form 4

December 03, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

may continue. See Instruction 1(b).

obligations

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading SWIFT VIRGIL N Issuer Symbol SWIFT ENERGY CO [SFY] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) _X__ Director 10% Owner Officer (give title Other (specify 16825 NORTHCHASE DRIVE, 12/01/2004 below) SUITE 400 4. If Amendment, Date Original (Street) 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year)

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

HOUSTON, TX 77060

| (City) | (State) | (Zip) Tab | le I - Non-l | Derivative | e Secu | rities Acc | quired, Disposed | of, or Benefic | ially Owned |
|--------------------------------------|--------------------------------------|---|---|---|-----------|---|---------------------------------|---|-------------|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired tion(A) or Disposed of (D) (Instr. 3, 4 and 5) | | 5. Amount of 6. Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | Code V | Amount | or (D) | Price | Transaction(s) (Instr. 3 and 4) | (Instr. 4) | |
| Common Stock | 12/01/2004(1) | 12/01/2004 | S(2) | 25 | D | \$ 30.33 | 148,660 | D | |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 25 | D | \$ 30.32 | 148,635 | D | |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 75 | D | \$ 30.3 | 148,560 | D | |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 50 | D | \$ 30.29 | 148,510 | D | |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 50 | D | \$ 30.28 | 148,460 | D | |

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| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 25 | D | \$ 30.26 | 148,435 | D |
|-----------------|------------|------------|------|-----|---|-------------|---------|---|
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 25 | D | \$ 30.25 | 148,410 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 50 | D | \$ 30.09 | 148,360 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 75 | D | \$ 30.06 | 148,285 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 75 | D | \$ 30.05 | 148,210 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 25 | D | \$ 30.04 | 148,185 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 25 | D | \$ 30.01 | 148,160 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 500 | D | \$ 30 | 147,660 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 75 | D | \$ 29.99 | 147,585 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 25 | D | \$ 29.98 | 147,560 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 75 | D | \$ 29.96 | 147,485 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 275 | D | \$ 29.95 | 147,210 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 100 | D | \$ 29.94 | 147,110 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 125 | D | \$ 29.93 | 146,985 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 125 | D | \$ 29.92 | 146,860 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 50 | D | \$ 29.91 | 146,810 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 100 | D | \$ 29.9 | 146,710 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 50 | D | \$ 29.89 | 146,660 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 125 | D | \$ 29.88 | 146,535 | D |
| Common Stock | 12/01/2004 | 12/01/2004 | S(2) | 75 | D | \$ 29.87 | 146,460 | D |
| | 12/01/2004 | 12/01/2004 | S(2) | 250 | D | | 146,210 | D |

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| Common Stock | \$ 29.86 | | | |
|-----------------|-------------|--------|---|-----------------------|
| Common Stock | 5 | 50,445 | I | Family Partnership |
| Common Stock | 8 | 3,955 | I | by Family Member |
| Common Stock | 6 | 5,121 | I | held in IRA |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

|] | 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transa Code (Instr. | | 5. biNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | ate | Secur | int of rlying | 8. Price of Derivative Security (Instr. 5) |
|---|---|---|--------------------------------------|---|---------------------------------|---|---|---------------------|--------------------|-------|--|---|
| | | | | | Code | v | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | |
|--|---------------|-----------|---------|-------|--|--|--|
| · · · · · · · · · · · · · · · · · · · | Director | 10% Owner | Officer | Other | | | |
| SWIFT VIRGIL N | 37 | | | | | | |
| 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060 | X | | | | | | |
| 110001011, 111 //000 | | | | | | | |

Signatures

Karen Bryant POA for Virgil N. Swift 12/03/2004

**Signature of Reporting Person Date

Reporting Owners 3

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Due to various sales prices this report is the first of three Forms 4 filed to report the insider's transactions on December 1, 2004.
- (2) The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on July 11, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.