#### **SWIFT ENERGY CO**

Form 4 April 06, 2005

## FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

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**OMB APPROVAL** 

response...

subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * SWIFT TERRY E			2. Issuer Name <b>and</b> Ticker or Trading Symbol SWIFT ENERGY CO [SFY]	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (Middle)		(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
16825 NORT SUITE 400	THCHASE	DRIVE,	(Month/Day/Year) 04/04/2005	_X Director 10% Owner X Officer (give title Other (specify below) Chief Executive Officer		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
HOUSTON,	TX 77060		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zin)				

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secur	ities Acquir	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit ord Dispos (Instr. 3, 4	ed of (		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	04/04/2005	04/04/2005	M	20,000	A	\$ 8.125	101,208	D	
Common Stock	04/04/2005	04/04/2005	M	16,500	A	\$9	117,708	D	
Common Stock	04/04/2005	04/04/2005	M	30,000	A	\$9	147,708	D	
Common Stock	04/04/2005	04/04/2005	M	9,900	A	\$9	157,608	D	
Common Stock	04/04/2005	04/04/2005	M	25,000	A	\$ 11.4375	182,608	D	

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Common Stock	04/04/2005	04/04/2005	M	8,000	A	\$ 13.84	190,608	D	
Common Stock	04/04/2005	04/04/2005	M	11,998	A	\$ 16.96	202,606	D	
Common Stock	04/04/2005	04/04/2005	F(1)	43,842	D	\$ 28.97	158,764	D	
Common Stock							7,264	I	401(k)
Common Stock							1,158	I	ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$ 

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Securiti Acquire Dispose	ive	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Underlying S (Instr. 3 and A	Securitie
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shar
Stock Options (Right to buy)	\$ 8.125	04/04/2005	04/04/2005	M		20,000	12/07/1999	12/07/2008	Common Stock	20,00
Stock Options (Right to buy)	\$ 9	04/04/2005	04/04/2005	M		16,500	12/09/1999	12/26/2006	Common Stock	16,50
Stock Options (Right to buy)	\$ 9	04/04/2005	04/04/2005	M		30,000	12/09/1999	11/03/2007	Common Stock	30,00
Stock Options (Right to buy)	\$9	04/04/2005	04/04/2005	M		9,900	12/09/1999	12/18/2008	Common Stock	9,90
	\$ 11.4375	04/04/2005	04/04/2005	M		25,000	02/07/2001	02/07/2010		25,00

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Stock Options (Right to buy)									Common Stock	
Stock Options (Right to buy)	\$ 13.84	04/04/2005	04/04/2005	M		8,000	11/04/2004	11/04/2013	Common Stock	8,00
Stock Options (Right to buy)	\$ 16.96	04/04/2005	04/04/2005	M		11,998	02/04/2003	02/04/2012	Common Stock	11,99
Stock Options (Right to buy)	\$ 28.97	04/04/2005	04/04/2005	A(2)	5,125		04/04/2006	04/04/2007	Common Stock	5,12
Stock Options (Right to buy)	\$ 28.97	04/04/2005	04/04/2005	A(2)	9,319		04/04/2006	11/03/2007	Common Stock	9,31
Stock Options (Right to buy)	\$ 28.97	04/04/2005	04/04/2005	A(2)	3,075		04/04/2006	02/18/2008	Common Stock	3,07
Stock Options (Right to buy)	\$ 28.97	04/04/2005	04/04/2005	A(2)	5,609		04/04/2006	12/07/2008	Common Stock	5,60
Stock Options (Right to buy)	\$ 28.97	04/04/2005	04/04/2005	A(2)	9,869		04/04/2006	02/07/2010	Common Stock	9,86
Stock Options (Right to buy)	\$ 28.97	04/04/2005	04/04/2005	A(2)	7,024		04/04/2006	02/04/2012	Common Stock	7,02
Stock Options (Right to buy)	\$ 28.97	04/04/2005	04/04/2005	A(2)	3,821		04/04/2006	11/04/2013	Common Stock	3,82

# **Reporting Owners**

Reporting Owner Name / Address		Relationships				
	Director	10% Owner	Officer	Other		

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SWIFT TERRY E

16825 NORTHCHASE DRIVE, SUITE 400 X Chief Executive Officer
HOUSTON, TX 77060

### **Signatures**

Terry E. Swift 04/06/2005

\*\*Signature of Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Payment of exercise price by delivering or withholding 43,842 shares of common stock at \$28.97 per share, the closing price of issuer's common stock on 4-04-05.
- (2) Grant of reload option pursuant to plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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